

1 **A Model Based Study of the Emergence of North**
2 **Atlantic Deep Water during the Cenozoic: A Tale of**
3 **Geological and Climatic Forcings**

4 **Erwan Pineau¹, Yannick Donnadiou¹, Pierre Maffre², Camille Lique³, Thierry**
5 **Huck³, Anthony Gramoullé¹ and Jean-Baptiste Ladant⁴**

6 ¹Centre Européen de Recherche et d'Enseignement en Géosciences de l'Environnement, Aix-en-Provence,
7 France

8 ²Géosciences Environnement Toulouse, Toulouse, France

9 ³Univ Brest, CNRS, Ifremer, IRD, Laboratoire d'Océanographie Physique et Spatiale (LOPS, UMR
10 6523), IUEM, 29280 Plouzané, France

11 ⁴Laboratoire des Sciences du Climat et de l'Environnement, Saclay, France

12 **Key Points:**

- 13 • Understanding the mechanisms that led to the formation of NADW during the
14 Cenozoic
- 15 • Our simulations show a shift in ocean circulation from Southern Ocean-driven in
16 the middle Eocene to bipolar with AMOC in the early Miocene
- 17 • Miocene paleogeography favours the NADW formation through ocean circulation
18 and atmosphere dynamics

Corresponding author: Erwan Pineau, pineau@cerege.fr

Abstract

The North Atlantic Deep Water (NADW) is a key component of modern climate systems, redistributing heat from equatorial to polar regions and contributing to the Atlantic Meridional Overturning Circulation. However, the timing of its emergence and the mechanisms driving its formation remain uncertain. This study explores ocean circulation patterns during the middle Eocene (48–38 Ma) and early Miocene (23–16 Ma) using simulations with the IPSL-CM5A2 climate model. In the middle Eocene simulations, reduced surface salinity in the North Atlantic prevents NADW formation, regardless of atmospheric CO_2 levels or the presence of an Antarctic ice sheet. Conversely, early Miocene simulations suggest that paleogeographic shifts promote higher Atlantic salinity, enabling NADW formation. Specifically, the closure of the Polish Strait and the narrowing of the Central American Seaway enhance salt retention in the Atlantic and increase salt transport from subtropical to subpolar regions. Additionally, changes in African monsoonal precipitation—characterized by a reduction and eastward shift across Central Africa—reduce freshwater influx into the Atlantic between the middle Eocene and early Miocene. These combined factors weaken North Atlantic stratification, facilitating NADW development during the early Miocene. This research provides a timeline for NADW initiation and insights into the processes driving its formation.

1 Introduction

Large scale ocean circulation transports excess heat accumulated in tropical regions to high latitudes (Spielhagen et al., 2011). One of the main driver of this circulation is the formation of deep waters in high latitudes (Böning et al., 2006), a shift in magnitude or location of which could exert significant influence on climate dynamics, biological systems, carbon and heat ocean uptake (Lozier et al., 2008; Schmittner & Lund, 2015). Nowadays, the Atlantic Meridional Overturning Circulation (AMOC) is one of the two main cells forming the Global Meridional Overturning Circulation (GMOC) (Talley, 2013). The surface branch of the AMOC, composed of the Gulf Stream extended by the North Atlantic Current, transports warm and salty water from low to high latitudes. In some specific sites of the Labrador, Irminger and Nordic seas, these warm waters lose heat to the atmosphere, become less buoyant and subsequently sink down to 3000 m (Marshall & Schott, 1999). This results into the formation of the North Atlantic Deep Water (NADW) that feeds the deeper branch of the AMOC, flowing southward at depth toward the Southern Ocean where the Antarctic Circumpolar Current (ACC) and the westerlies upwell these water masses, closing the AMOC with the Antarctic Intermediate Water (AAIW) (Talley, 2013).

However, this GMOC configuration has evolved over the geological epochs (Ferreira et al., 2018). The Atlantic Ocean gradually formed after the break-up of the Pangaea (Granot & Dymant, 2015; Labails et al., 2010). The initiation period of the AMOC has been the topic of many paleoceanographic data studies based on the analysis of Neodymium (Nd), oxygen and carbon isotopes and sedimentary drift deposits. The oldest record of the NADW initiation dates from the early/middle Eocene boundary (50 - 47 Ma) (Hohbein et al., 2012; Boyle et al., 2017). Borrelli et al. (2014) worked on benthic foraminiferal stable isotope of oxygen and carbon ($\delta^{18}O$ & $\delta^{13}C$), they estimated a thermal offset at ~ 38.5 Ma between the Southern Component Water (SCW) and the North Component Water (NCW) (note that NCW is often referred to as the NADW ancestor). This difference, added to low $\delta^{18}O$ values at this site despite a global cooling trend, suggest that the NADW formation occurred 4 Ma before the Eocene-Oligocene boundary. Miller and Tucholke (1983) suggested that deep water formation in the North Atlantic started during the transition between the Eocene and the Oligocene (~ 34 Ma) as a consequence of the global cooling and the Antarctic Ice-Sheet (AIS) initiation. Miocene/Pliocene data-based works suggest that NADW formation was already active and highlight a variation of its intensity to reach modern-like intensity (Haug et al., 2001; Kirillova et al., 2019;

71 Knies et al., 2014). Kirillova et al. (2019) used radiogenic Neodymium records from the
72 Caribbean to suggest that the NADW formation varied from strong to weak modes prior
73 to 9 Ma and then stabilized with the gradual closure of the Central American Seaway
74 (CAS). Another gateway has been proposed to be a key driver of the NADW. The open-
75 ing of the Fram Strait allowed deep-water mass to exchanges between the Arctic and the
76 Atlantic Ocean and contributed to enhance the NADW formation as suggested by Knies
77 et al. (2014). The contrasted results from these previous studies highlight that the tim-
78 ing of the AMOC onset remains uncertain as do the mechanisms responsible for its trig-
79 gering.

80 The closing and opening of ocean gateways influence Earth climate through the ocean
81 circulation that determines the distribution of the ocean conditions. Between the mid-
82 dle Eocene and early Miocene, the configuration of numerous gateways with significant
83 climatic implications underwent substantial changes (Ferreira et al., 2018; Straume et
84 al., 2020) (Figure S1). Starting from the North, the Fram Strait opened at ~ 35 Ma. The
85 connection between the Nordic seas and the North Atlantic deepened over time with the
86 subduction of the Greenland-Scotland Ridge (GSR) (Straume et al., 2020). These Nordic
87 Ocean seaways appear to be critical for the formation of NADW. For instance, Hutchinson
88 et al. (2019) used numerical simulations to show that during the Eocene-Oligocene Tran-
89 sition (EOT; 34 Ma), a closed Fram Strait favours deep convection in the North Atlantic
90 by prohibiting the export of fresh and cold water from the Arctic to the Atlantic. In the
91 more recent context of the Miocene, when Fram Strait was opened, the depth of the GSR
92 was shown to control the northward advection of salt water from subtropical latitudes
93 into the northern seas and to trigger deep convection in the North Atlantic (Vahlenkamp
94 et al., 2018b; Starz et al., 2017). Further East, the Polish seaway may have played a sig-
95 nificant role by connecting the Paratethys to the North Sea as indicated by the upper
96 Eocene pelagic deposits of the Polish Lowlands (Rasser & Harzhauser, 2008; Palcu & Kri-
97 jgsman, 2021) and microfossil assemblages (Deprez et al., 2015). This seaway became
98 shallower during the Oligocene and closed during the early Miocene (Rasser & Harzhauser,
99 2008). The closure of the Polish seaway may have led to the cessation of the NADW for-
100 mation and favoured the initiation of deep water formation in the North Pacific (C. Zhu,
101 Zhang, et al., 2023), by redirecting Arctic waters that initially flowed into the Paratethys
102 towards the North Atlantic. Closer to the Equator, the CAS began to shrink during the
103 middle Eocene (Jaramillo, 2018). The gradual closure of the CAS appears to be a key
104 parameter to initiate the deep water formation in the Atlantic Ocean by precluding fresh-
105 water coming from the Pacific to freshen the Atlantic Basin (Sepulchre et al., 2014; Yang
106 et al., 2014). In the Southern Hemisphere, the progressive widening of the Southern Ocean
107 through the opening of the Tasman Gateway between 35.5 and 30.2 Ma (Stickley et al.,
108 2004) and of the Drake Passage between 34 and 30 Ma (Livermore et al., 2005), asso-
109 ciated with the initiation of the AIS and global cooling, constitute a tipping point for
110 global ocean dynamics and climate, characterized by the onset of a proto-ACC (Sarkar
111 et al., 2019; Toumoulin et al., 2020).

112 The global temperature cooled significantly during the Cenozoic era (starting 66
113 Ma ago; see Honisch et al. (2023) for a review), which had an impact on the ocean tem-
114 perature and the stratification. Zhang et al. (2022) made a comparison between eight
115 Global Climate Models (GCM) using early Eocene boundary conditions, and found that
116 the GMOC is relatively insensitive to an increase of atmospheric CO_2 concentrations from
117 1X to 4X Present Atmospheric Level (PAL).

118 Here we simulate the climate system for the middle Eocene and the early Miocene
119 using the IPSL CM5A2 model. After validating our simulations through a model-data
120 comparison of sea surface temperature, we conduct a global salt budget analysis to in-
121 vestigate the mechanisms favouring the formation of NADW.

2 Methods

2.1 Model

The Earth system model used in this study is the IPSL-CM5A2 (Sepulchre et al., 2020), based on the Institut Pierre Simon Laplace model for the fifth phase of the Coupled Model Intercomparison Project (CMIP5). It is composed of the atmospheric model from the Laboratoire de Météorologie Dynamique (LMDZ) coupled with a land surface and vegetation model called ORCHIDEE (Krinner et al., 2005), along with an aerosol and chemistry model known as INCA/REPROBUS (Hauglustaine et al., 2004). The ocean component employs the NEMO model (Madec et al., 2016), consisting of three distinct modules: the ocean general circulation model OPA8.2 (Madec et al., 2016), the sea-ice model LIM2 (Fichefet & Maqueda, 1997), and the ocean biochemical model PISCES-v2 (Aumont et al., 2015). The atmospheric regular grid is configured with a resolution of 96 x 96 cells on the horizontal plane and 39 vertical layers. The corresponding horizontal resolution is 3.750° in longitude and 1.875° in latitude. The ocean domain is constituted of a tripolar curvilinear grid of 182 x 149 cells and 31 vertical layers. The longitudinal resolution is 2°, the latitudinal resolution ranging from 0.5° near the Equator to 2° at higher latitudes. Vertical cell thickness varies from 10 m near the surface to 500 m in deeper ocean layers. OASIS (Valcke, 2013) is the coupler used to connect the atmospheric and the oceanic models. The XIOS library manages Input/Output operations. The output comprises climatological data averaged over the last 100 years of the simulations, after 4000 and 3000 years for the Eocene and Miocene simulations respectively, when the deep ocean circulation and temperature have reached an equilibrium.

The results of Sepulchre et al. (2020) show that the modelled Pre-Industrial AMOC reaches an intensity of 10-12 Sv, which is weaker than the AMOC strength observed at 26.5°N reaching 17.2 Sv (McCarthy et al., 2015). The model locations where deep convection occurs are coherent with observations showing deep mixed layer depths in the Greenland Sea. However, in contrast to observations, the control simulation also exhibits deep mixed layers South of Iceland (Sepulchre et al., 2020).

2.2 Simulation Parameters

Two geological periods are investigated in this study: the middle Eocene (~ 40 Ma) and the early Miocene (~ 20 Ma). The reconstructions of paleogeography and paleobathymetry for simulating these epochs come from Poblete et al. (2021). The differences in terms of bathymetries and ocean gateways are shown in Figure S1. The main changes between the Eocene and Miocene paleogeographies are the shrinkage of the CAS and Gibraltar and the closure of the Polish strait, while the Southern Ocean gateways (Drake and Tasman passages) are open and deeper during the Miocene.

Here, we reanalyse Eocene and Miocene simulations originally described in Toumoulin et al. (2022) and Pillot et al. (2022) from a different perspective. While Toumoulin et al. (2022) focused on the evolution of continental temperature seasonality and Pillot et al. (2022) investigated the ocean dynamics response to the closure of the eastern Tethys Seaway and the initiation of the Greenland ice sheet, our study focusses on the mechanisms promoting deep water formation in the North Atlantic Ocean, and we aim to gain insights on these processes by comparing Eocene and Miocene simulations performed with the same model. We consider two Eocene simulations. The first one, labelled 40Ma_4X (Table 1), is run with an atmospheric CO_2 concentration equivalent to four times the pre-industrial levels (4X, 1120 ppmv), which is the averaged value during the middle Eocene (Hönisch et al., 2023; Anagnostou et al., 2016; Doria et al., 2011). The second one, labelled 40Ma_2X_ICE, uses an atmospheric CO_2 concentration of 560 ppmv and includes an AIS. Its analysis aims at understanding the impacts of varying atmospheric CO_2 concentration and the presence of an AIS on both climate and ocean circulation dynamics. These Eocene simulations are compared to the Miocene simulation (labelled 20Ma) that

173 includes an AIS and uses an atmospheric CO_2 concentration of 560 ppmv (2X) (Hönisch
 174 et al., 2023; Sosdian et al., 2018).

Table 1. Parameters of the simulations for the Eocene (40 Ma) and the Miocene (20 Ma). AIS refers to 'Antarctic Ice Sheet'. The Atlantic Meridional Overturning Circulation (AMOC) corresponds to the maximum of the annual-mean integrated streamfunction at 40°N, deeper than 600 m and the Antarctic Bottom Water (AABW) corresponds to the maximum of the annual-mean integrated streamfunction at 40°S deeper than 200 m, both are expressed in Sverdrup ($10^6 \text{ m}^3/\text{s}$).

Period	Simulation name	pCO ₂ [ppmv]	AIS	AMOC [Sv]	AABW [Sv]
Miocene	20Ma	560	Yes	5	8
Eocene	40Ma_2X_ICE	560	Yes	/	25
Eocene	40Ma_4X	1120	No	/	17

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2.3 Model Evaluation

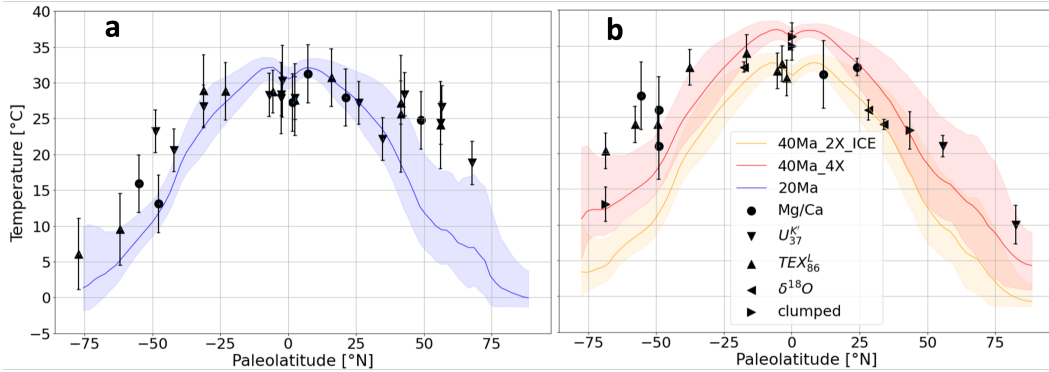


Figure 1. Meridional Sea Surface Temperature (SST) from models, annual-mean values are bold lines, envelopes are bounded with the coolest and the hottest annual-mean values across the 100 years of simulation for each latitude. For the early-middle Miocene (a), SST values are in blue and the SST reconstructed with proxies come from Burls et al. (2021). For the middle-late Eocene (b), SST values are in red (resp. orange) for 40Ma_4X (resp. 40Ma_2X_ICE) and data are from Baatsen et al. (2020).

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We first evaluate our different simulations against available proxy reconstructions of sea surface temperatures (SST) for the two epochs. Overall, the global latitudinal variations of SST in our simulations are in good agreement with proxy data from Burls et al. (2021) for the early-mid Miocene (Figure 1a). Temperatures inferred from proxy data and simulated in the model align well in tropical and subtropical regions. However, proxy data infer lower temperatures in the equatorial region and higher temperatures in the northern high latitudes. The Northern Hemisphere meridional temperature gradient is therefore steeper in the model than in the proxy data (Figure 1a). For the late middle Eocene, proxy data from Baatsen et al. (2020) show moderate agreement with the simulated SST (Figure 1b). SST from the 40Ma_4X simulation match the proxy data best, with most of the proxy-inferred SST within the seasonal amplitude. However, the model tends to be warmer than the proxies at low latitudes and colder at high latitudes (Fig-

188 ure 1b). Under a lower atmospheric CO_2 concentration of 560 ppmv and the presence
 189 of an AIS, global SST decrease, thereby reducing the model-data bias at low latitudes
 190 and increasing it at high latitudes (Figure 1b). Despite these limitations, which are com-
 191 mon in model simulations of past warm periods (Burls et al., 2021; Huber, 2012; Lunt
 192 et al., 2021), these simulations offer reliable approximations of middle Eocene and early
 193 Miocene climatic conditions and render them suitable for our investigation.

194 3 Results

195 3.1 Meridional Overturning Circulation and Deep Water Formation

196 The Miocene fosters the development of ocean deep convection in the North At-
 197 lantic, specifically between Greenland and Scotland. This phenomenon is driven by a com-
 198 bination of factors, including surface cooling during winter, sea ice formation and brine
 199 release, and increased wind stress, which collectively promote vertical mixing and ho-
 200 mogenization of the water column. Here, we use the Mixed Layer Depth (MLD) as a proxy
 201 for deep water formation because it highlights the depth at which the ocean surface layer
 202 is homogeneous and well-mixed. The MLD in the North Atlantic reaches approximately
 203 1,500 meters (Figure 2) in our Miocene simulation, suggesting the formation of NADW.
 204 Sea ice covers the Labrador Sea and the western Norwegian-Greenland Sea during winter
 205 (Figure 2). The region where the MLD is maximum is located over the Greenland-
 206 Scotland Ridge (GSR). The meridional circulation pattern gives rise to a proto-AMOC
 207 with a maximum intensity of ~ 5 Sv (Figure 2, Table 1). Additionally, the GMOC is com-
 208 posed of a counter-clockwise cell originating in the Southern Ocean. There, the mixed
 209 layer extends to greater depths, around ~ 4000 meters, generating Antarctic Bottom Wa-
 210 ter (AABW) with an intensity of 8 Sv (Figure 2, Table 1). Winter MLDs in the 40Ma_2X_ICE
 211 Eocene simulation remain shallow (~ 500 m) in the North Atlantic and this is accom-
 212 panied by a reduced southern extension of the sea-ice front compared to the 20Ma simu-
 213 lation (Figure 2). In the 40Ma_4X simulation, North Atlantic winter MLDs are even
 214 shallower (~ 250 m), there is no sea ice in winter (Figure 2). In the two Eocene simu-
 215 lations, the GMOC is dominated by the Southern Ocean with a strong counter-clockwise
 216 cell spanning depths of 500 to 4000 meters and reaching intensities of 25 and 17 Sv for
 217 40Ma_2X_ICE and 40Ma_4X respectively (Figure 2, Table 1). In the following, we exam-
 218 ine the sea surface property changes between the Eocene and the Miocene that promote
 219 the onset of NADW formation in our Miocene simulation (Figure 2).

220 3.2 Oceanic Surface Properties

221 The preconditions for deep convection to occur are low vertical density gradients.
 222 The properties of deep water are more stable than those of surface water, which is in-
 223 fluenced by the wind and the hydrological cycle. Figure S2 shows the horizontal North
 224 Atlantic density difference between the 500-meter depth and the surface, highlighting
 225 the strength of the vertical density gradient in this region (Figure S2). The Miocene North
 226 Atlantic is weakly stratified, particularly in the subpolar and subtropical gyres (Figure
 227 S2) with a minimum stratification located in the eastern Norwegian Sea (~ 1 kg/m³)
 228 and a maximum in the Gulf of Guinea (~ 9 kg/m³; Figure S2).

229 The Brunt-Väisälä frequency (N^2), its thermal (N_T^2) and haline (N_S^2) contributions
 230 in the North Atlantic Ocean (Figure S3) depict the vertical density gradient and show
 231 that the most buoyant layer is located within the upper 100 meters. The N^2 decom-
 232 position allows to decouple the salinity and the temperature effects on the stratification and
 233 shows that it is mainly driven by the temperature between 0 - 40°N and by the salin-
 234 ity further North. Meanwhile, the Eocene simulations show stronger stratification over-
 235 all in the North Atlantic, The thermal and the haline components in the tropical lati-
 236 tudes are stronger at 40 Ma. Over 42 - 59°N, the haline component is also more intense

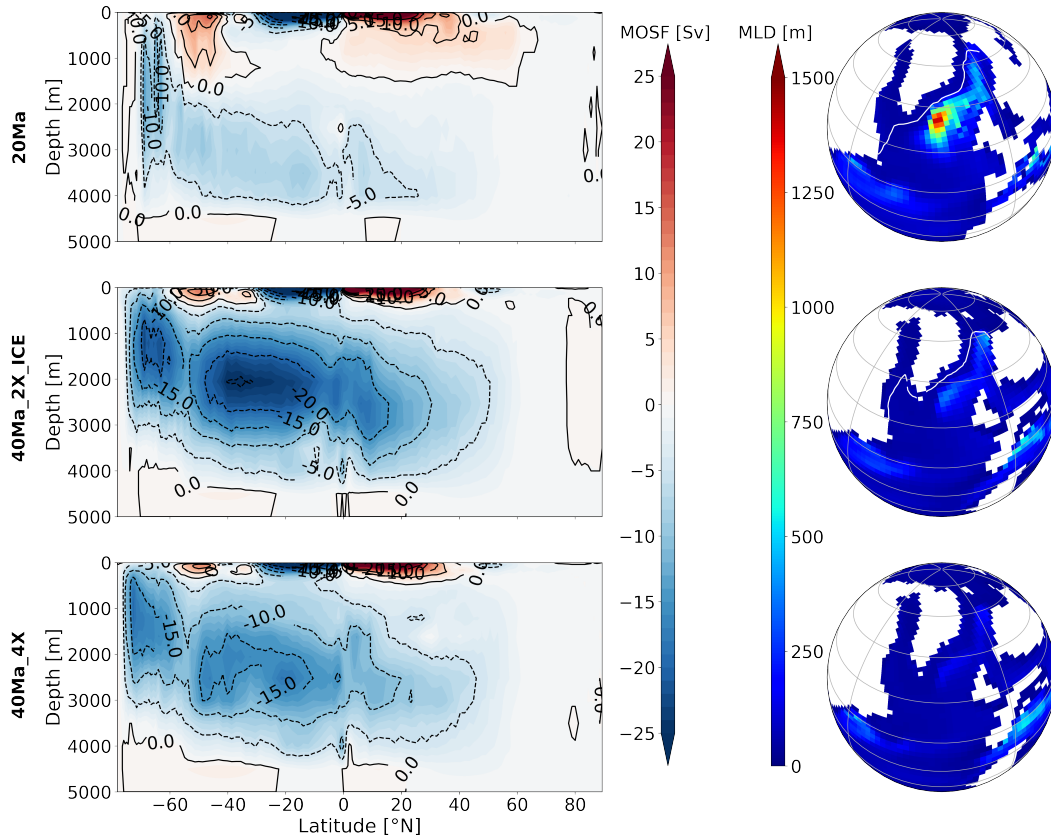


Figure 2. Global meridional overturning stream function averaged over the last 100 years (left), the maximum of the mixed layer depth during the northern Hemisphere winter (from January to March; right) for the 20Ma (top), 40Ma.2X_ICE (middle) and the 40Ma.4X (bottom) simulations. The white lines represent the limit of 10 % of the winter-mean sea ice area fraction.

237 at 40 Ma (Figure S3). This latitude range corresponds to the Miocene deep convection
238 area.

239 We thus conclude that the evolution of stratification is mainly due to changes in
240 sea surface properties and that over the latitudes where convection occurs in the North
241 Atlantic Ocean, the stratification is driven by salinity for our three simulations (Figure
242 S3). We will therefore concentrate in the following on water mass property changes in
243 the upper layer (0-100 m).

244 To understand the causes of these stratification changes between the Miocene and
245 the Eocene, we examine North Atlantic sea density anomaly (density - 1000 kg/m³, to
246 make the visualisation easier), temperature and salinity in the upper 100 m. During the
247 Miocene the density anomaly is 23.5 kg/m³ while during the Eocene the upper 100 m
248 layer is globally less dense, with average values of 20.9 kg/m³ for 40Ma.4X simulation.
249 The largest differences are found in the Greenland Sea and in the Gulf of Guinea, and
250 are particularly pronounced in the 40Ma.4X simulation (Figures 3c, f, i).

251 The North Atlantic mean SST during the Eocene (40Ma.4X) is 29.1°C with 1120
252 ppmv, which is 5.8°C warmer than the Miocene. Maximum temperature anomalies are
253 located over the South of the Labrador Sea and through the Central American Seaway
254 (CAS; Figure 3a, g). The temperature differences are weaker between the 40Ma.2X_ICE

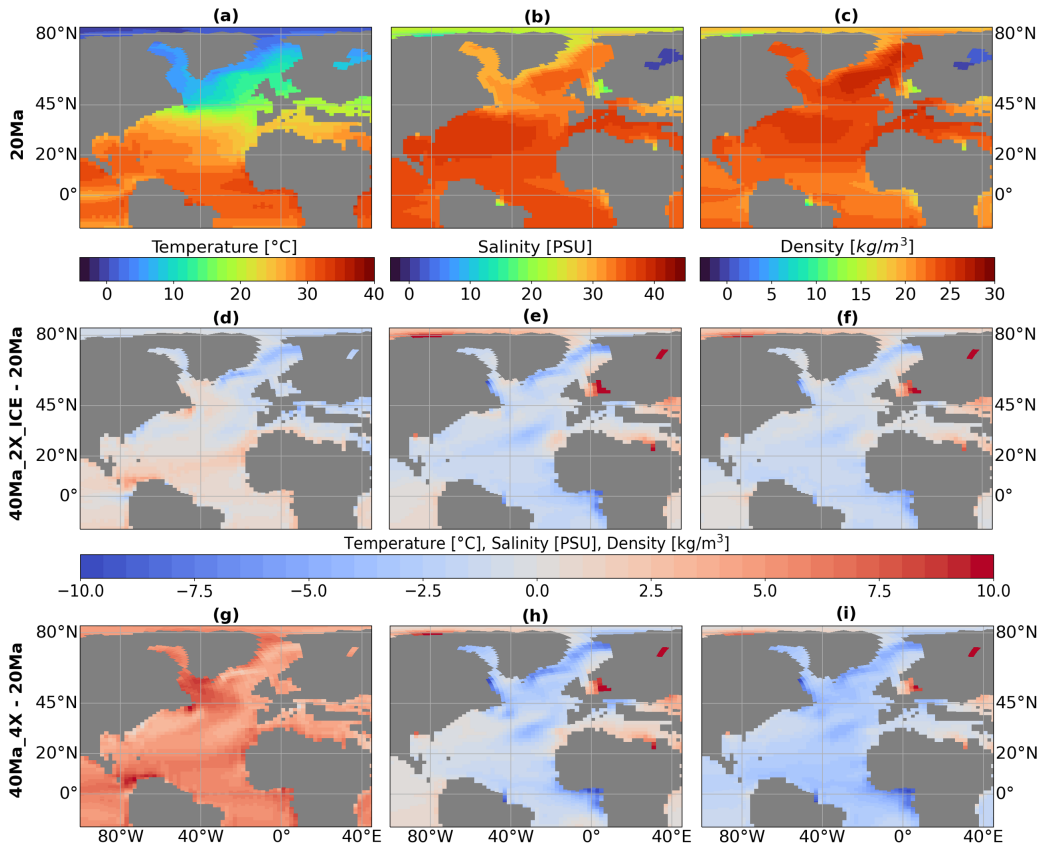


Figure 3. Sea surface temperature (a, d, g), salinity (b, e, h) and density anomaly (density - 1000 kg/m^3) (c, f, i) for the 20Ma (a - c) and the anomalies between 40Ma_2X_ICE and 20Ma (d - f), and 40Ma_4X and 20Ma (g - i).

255 and 20Ma simulations. Positive temperature anomalies (Eocene warmer than Miocene)
 256 are located in the tropical region and in the southern part of the Labrador Sea, contrast-
 257 ing with negative anomalies (Eocene colder than Miocene) along western Europe and
 258 most notably in the Norwegian and Greenland seas (Figure 3g).

259 Furthermore, differences in Sea Surface Salinity (SSS) averaged over the North At-
 260 lantic between the Eocene and Miocene epochs, reflect an increase from 34.1 psu for the
 261 40Ma_4X simulation to 35.3 psu for the 20Ma simulation, with maximum negative anoma-
 262 lies concentrated in the western part of the Greenland Sea, between 20-45°N and 20-40°W
 263 and over the Gulf of Guinea (Figures 3b, e, h). These differences are again weaker when
 264 comparing 40Ma_2X_ICE to 20Ma.

265 The weaker vertical density gradient in the Miocene is explained by a surface salin-
 266 ity increase that make the upper ocean denser, whereas temperature changes work against
 267 an increase in density. In the following sections we investigate oceanic and atmospheric
 268 mechanisms that could explain the increase in salinity in the North Atlantic basin in the
 269 early Miocene relative to the middle Eocene.

270 3.3 Oceanic Contribution

271 We analyze the fluxes across the five straits connected to the North Atlantic: the
 272 Fram strait, the Polish Strait, the Central American Seaway (CAS) the Gibraltar strait

273 and Equatorial South America - Africa passage (Figure 4 & 5). In addition to fluxes through
 274 these straits, the mean salinity from the surface to 100 m and from 100 to 500 m depth
 275 is also computed to determine if the flux brings fresher or saltier water within the At-
 276 lantic. These two depth ranges correspond approximately to the transport reversal through
 277 the Fram strait and the CAS (Figures 5 g, i).

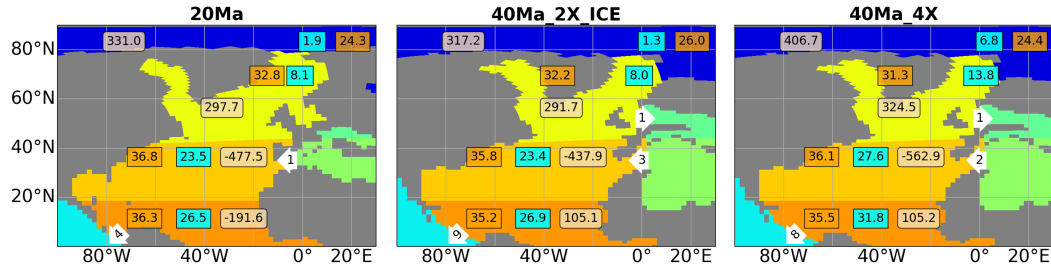


Figure 4. The North Atlantic basin is divided in three sub-basins by latitudes, the tropics (dark orange), sub-tropics (orange) and the polar (yellow); the Arctic (blue), the Pacific (light blue) Ocean and the Tethys Sea (green) basin are also represented. In each box the surface fresh-water flux is calculated (Precipitation - Evaporation + Runoff + Sea ice melting) and indicated in the light orange boxes (mSv), the mean salinity (orange) and temperature (blue) for each basin is averaged over the first 100 meters and are expressed in PSU and °C respectively. The fluxes, integrated over the upper 100 m, between the basins are represented with the white arrows (Sv).

278 The connection between the Arctic and the Atlantic becomes narrower and deeper
 279 from the Eocene to the Miocene (Figure 5a-c, g). In all of the simulations, the Arctic
 280 Ocean exports fresh water in the deep water formation area via the Fram Strait, mostly
 281 within the upper 100 m. The transport across the top 100 m of the strait is 1.4 Sv in
 282 20Ma, which is weaker by 0.2 and 0.1 Sv in comparison to 40Ma_2X_ICE and 40Ma_4X
 283 respectively (Figure 5a-c, g). Deeper, the direction of transport reverses, going from the
 284 Norwegian-Greenland Sea to the Arctic. This northward flux is 1.1 Sv for 20Ma, 1.3 Sv
 285 for 40Ma_2X_ICE and 1.2 Sv for 40Ma_4X (Figure 5d-g). The depth range over which
 286 this northward flux occurs is between 300-600 m at 20 Ma and between 100-400 m at
 287 40 Ma.

288 In the equatorial band, the Gibraltar Strait makes the connection between the Mediter-
 289 ranean Tethys and the subtropical North Atlantic basin. The Mediterranean Tethys is
 290 an evaporative basin, contributing to the formation of salty surface water, particularly
 291 evident in the 40Ma_4X simulation (Figure 5a-c). The shrinkage of the Tethys Sea, the
 292 gradual closure of the Eastern Tethys Seaway, and the narrowing of the Gibraltar Strait
 293 occurred between the Eocene and the Miocene, and collectively result in a weak surface
 294 transport through Gibraltar Strait during the Miocene (-1 Sv; Figure 4 & Figures 5c,
 295 j), leading to a small input of salt from the Mediterranean Tethys to the Atlantic (Fig-
 296 ure 4). The westward transport through Gibraltar in the upper 100 m is larger in 40Ma_2X_ICE
 297 and 40Ma_4X, reaching as high as -3 Sv, and thus carries more salt into the tropical At-
 298 lantic. The westward transport is also more intense below 200 m depth for all the sim-
 299 ulations, with a total flux of -4.7 Sv for 20Ma, -14.2 Sv for 40Ma_2X_ICE and -12.6 Sv
 300 for 40Ma_4X (Figures 5c, f, j).

301 South tropical waters are advected along the North Brazilian coasts northwestward
 302 along with the South Equatorial current in the upper 100 m. The total flux across the
 303 Equator is 4.0 Sv for 20Ma and is stronger at the Eocene, reaching 5.8 and 6.1 Sv for
 304 40Ma_2X_ICE and 40Ma_4X (Figures 5a - c, k - m). On the eastern side of the equato-

305 rial Atlantic, the surface waters flow southward with a cumulative flux of -2.8, -3.6 and
 306 -3.9 Sv for 20Ma, 40Ma_2X_ICE and 40Ma_4X respectively.

307 The surface leakage to the Pacific Ocean through the CAS is 4 Sv for 20Ma, while
 308 in the Eocene simulations the transports are twice as strong and reach 9 and 8 Sv for
 309 40Ma_2X_ICE and 40Ma_4X respectively (Figure 4 & Figures 5a-c, j). This salt outflow
 310 is primarily driven by the horizontal ocean circulation, featuring a strong (15 Sv) cyclonic
 311 gyre that transports water westward from the Mediterranean Tethys Sea to the Pacific
 312 Ocean (Figure 6b-c) during the Eocene. This Miocene reduction in surface leakage re-
 313 duces the export of salt originating from the Mediterranean Tethys Sea and from the South
 314 Atlantic to the Pacific Ocean and thus contributes to the salinification of the surface layer
 315 in the tropical and subtropical Atlantic basins during the Miocene (Figure 4 & Figures
 316 5a-c, i-m). The upper 100 m outgoing flux from the Atlantic across the CAS in Eocene
 317 simulations (9 and 8 Sv for 40Ma_2X_ICE and 40Ma_4X resp., Figure 4) is equal to the
 318 sum of the ingoing flux from the Mediterranean Tethys via Gibraltar (3 and 2 Sv for 40Ma_2X_ICE
 319 and 40Ma_4X resp., Figure 4) and the ingoing flux from the South equatorial Atlantic
 320 (5.8 and 6.1 Sv for 40Ma_2X_ICE and 40Ma_4X resp., Figure 5l-m) while 1 Sv recircu-
 321 late in the North Atlantic for 20Ma with 4 Sv out-flowing via the CAS and 1 and 4 Sv
 322 inflowing via Gibraltar and the Equator respectively (Figures 5k & 4). The average salini-
 323 tivity over the top 100 meters reaches 36.3 and 36.8 psu in the Tropical and subtropical At-
 324 lantic basins respectively during the Miocene. In comparison, these values are 35.2 and
 325 35.8 psu for the 40Ma_2X_ICE simulation, and 35.5 and 36.1 psu for the 40Ma_4X simu-
 326 lation (Figure 4).

327 These changes in water transport through the straits encircling the North Atlantic
 328 Ocean are evidently influenced by the global ocean circulation and, in particular, the gyre
 329 circulation that also changed significantly between the two periods (Figure 6a-c).

330 Under Miocene paleogeographic conditions, the subpolar cyclonic gyre extends north-
 331 east into the Norwegian Sea, with the 5 Sv contour encompassing the region 45-2°W and
 332 41-70°N. Notably, the maximum of the barotropic stream-function reaches 21 Sv, and
 333 its location corresponds with the deep convection area (Figure 2 & 6a-c). In the 40Ma_4X
 334 simulation, the gyre is restricted within the region bounded by 21-35°W and 50-58°N,
 335 delineated by the 5 Sv contour (Figure 6c). The gyre is weak (~ 6 Sv). When halving
 336 the atmospheric CO_2 concentration (40Ma_2X_ICE), the subpolar gyre expands towards
 337 the Labrador Sea, spanning an area between 18-42°W and 42-59°N, and intensifies to around
 338 9 Sv (Figure 6b). The widening of the North Atlantic basin due to the northward dis-
 339 placement of Greenland and the deepening of the Atlantic Ocean contributes to the ex-
 340 pansion of the subpolar gyre during the Miocene. An other driver may have been changes
 341 of the mean atmospheric circulation. Over the subpolar gyre, the wind stress curl is pos-
 342 itive in all the simulations, inducing a cyclonic circulation and upwells sub-surface wa-
 343 ter through Ekman pumping. Yet, this positive signal is bounded in the Norwegian-Greenland
 344 Sea to 62°N for the Eocene simulations while it reaches 70°N for the Miocene simulation
 345 (Figures 6a, d-f). In our simulations, the dynamics of the subpolar gyre is also affected
 346 by the closure of the Polish Strait (connecting the North Sea to the Para-Tethys Sea)
 347 that occurred between the Eocene and the Miocene (Palcu & Krijgsman, 2021). About
 348 1 Sv of water is indeed exported across the top 100 m from the subpolar gyre to the Para-
 349 Tethys Sea under Eocene paleogeographic conditions (Figures 5h & 4), thereby impact-
 350 ing the strength and northern extension of the gyre (Figures 6).

351 The subtropical gyre also plays a crucial role in transporting salt and heat from
 352 the Gulf of Mexico to western Europe via an eastern boundary current similar to the mod-
 353 ern Gulf Stream. Its intensity varies between simulations, with values of ~ 23 Sv for 20Ma,
 354 ~ 20 Sv for 40Ma_2X_ICE and ~ 15 Sv for the 40Ma_4X (Figures 6a-c). These changes
 355 in gyre intensity and shape result in the northward advection of saltier and warmer wa-
 356 ter from the subtropical to subpolar gyre during the Miocene, resulting in salinity and

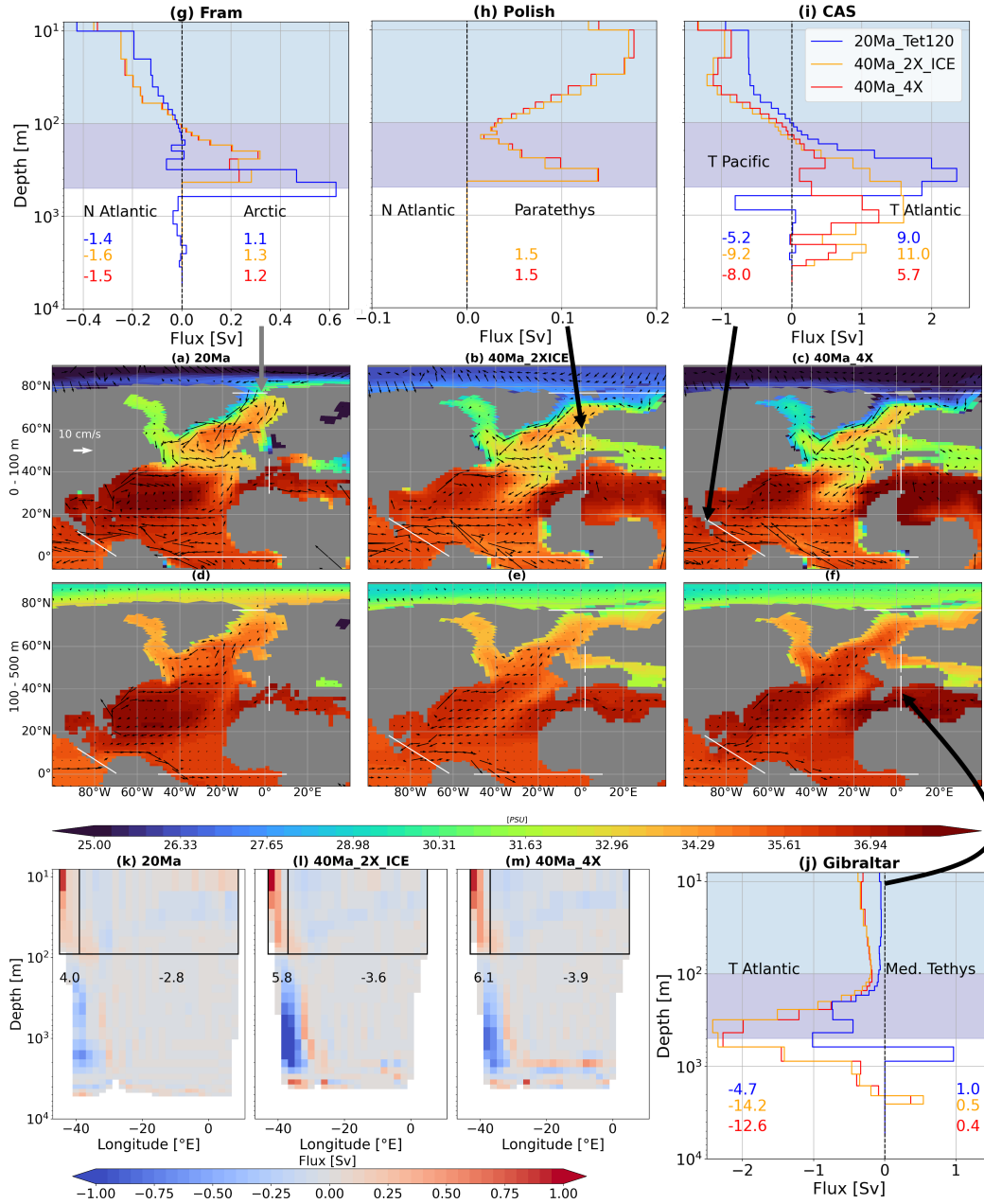


Figure 5. Annual-mean salinity and horizontal velocity (arrows) averaged between the surface and 100 m (a-c) and between 100 and 500 m (d-f). The white strait lines represent the straits and the transport per depth (in Sv) across these straits are represented (g-j). The transports for 20Ma, 40Ma.2X_ICE and 40Ma.4X are represented with the red, orange and blue lines respectively, and the integrated transports (their positive and negative contributions) are indicated at the bottom in the same colours. Note that a positive value indicates a transport to the north and to the east. In (g-j), the light and dark blue shadings represent the averaged depth range used for the salinity maps in (a-f). Vertical meridional flux through the equatorial South America-Africa passage (k-m) for 20Ma (k), 40Ma.2X_ICE (l) and 40Ma.4X (m), with the integrated transport in the respective boxes indicated below them.

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sea surface density anomalies between Eocene and Miocene simulations in the subtropics (Figures 3e, f, h, i).

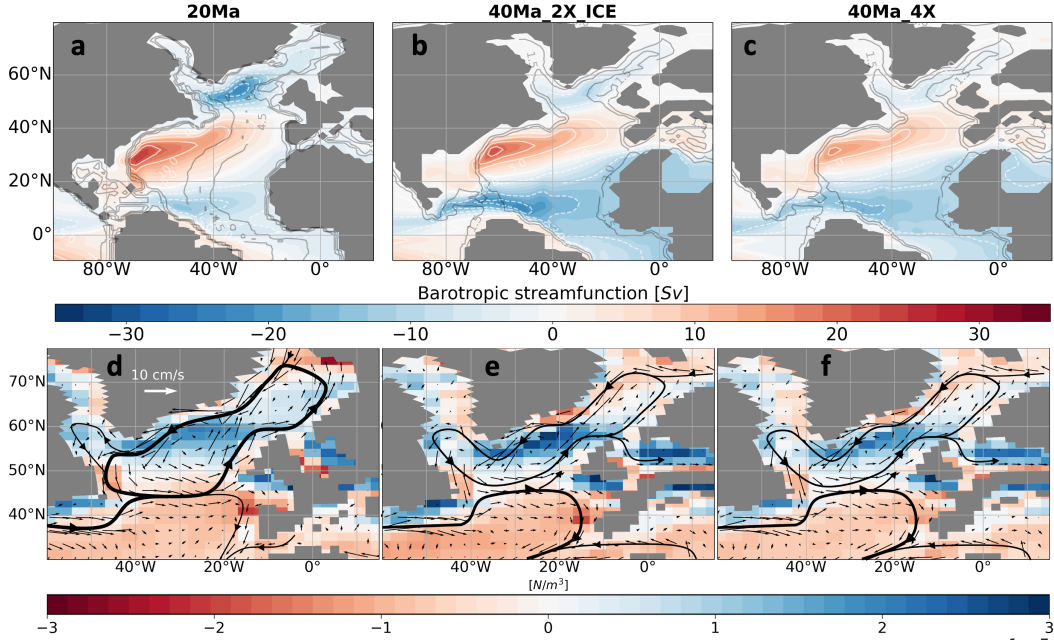


Figure 6. Barotropic streamfunction (in Sv) of the North Atlantic for the 20Ma (a), 40Ma_2X_ICE (b) and 40Ma_4X (c) simulations. The fields are averaged over 100 years. The white (black) lines correspond to the isolines of the barotropic streamfunction (bathymetry), increasing by 5 Sv (1.5 km). Wind stress curl (in N/m^3) and currents (in cm/s) averaged over the top 100 m over the North Atlantic basin for the 20Ma (e), 40Ma_2X_ICE (f) and 40Ma_4X (g) simulations. The main gyres are drawn on top with black lines, their relative width indicating the intensity.

Table 2. Meridional transport (in Sv) within the upper 100 m across $45^\circ N$ in the Atlantic Ocean, decomposed in their northward, southward and the net components for the 40Ma_4X, the 40Ma_2X_ICE and the 20Ma simulations.

Period	Simulation	Northern flux [Sv]	Southern flux [Sv]	Net flux [Sv]
Miocene	20Ma	1.00	-1.79	-0.79
Eocene	40Ma_2X_ICE	0.58	-2.15	-1.57
Eocene	40Ma_4X	0.34	-2.28	-1.94

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Finally, there is a need to consider the connections between the subtropical and sub-polar gyres. Overall, there is a net southward transport over the top 100 m across $45^\circ N$, with varying magnitudes in the different simulations -0.79 Sv for 20Ma, -1.57 Sv for 40Ma_2X_ICE and -1.94 Sv for 40Ma_4X (Table 2). The northward fluxes are 1 Sv for 20Ma and decreases to 0.58 and 0.34 Sv for 40Ma_2X_ICE and 40Ma_4X respectively. While the intensity of the subtropical gyre for 20Ma and 40Ma_2X_ICE are close, their shape are different. The western boundary current mainly advects water towards lower latitudes at

366 40 Ma, with a weak salt transport towards the subpolar gyre. Whereas during the Miocene,
367 this transport is significant and contributes to the salinification of the subpolar gyre.

368 3.4 Atmospheric Contribution

369 In addition to ocean circulation changes, changes in the atmospheric forcing may
370 have contributed to alter surface layer properties between the Eocene and Miocene, as
371 a result of different large scale atmospheric circulations. To quantify this contribution,
372 we compute a freshwater budget for two regions, the polar North Atlantic and the trop-
373 ical North Atlantic, considering the different component of the surface freshwater flux
374 (Figure 7a). Note that the same budget for the subtropical North Atlantic is shown in
375 Figure S4.

376 The net surface freshwater flux over the polar North Atlantic are 297.7 mSv, 291.7
377 mSv and 324.5 mSv for the 20Ma, 40Ma_2X_ICE and 40Ma_4X simulations, respectively
378 (Figures 4 & 7). It means that the Miocene polar North Atlantic receives $\sim 10\%$ less
379 freshwater in comparison to the 40Ma_4X simulation and an equivalent amount as 40MA_2X_ICE
380 (-6 mSv). The contribution from sea-ice processes remains small overall, including in the
381 two simulations in which the sea-ice extent is significant (Figure 2), suggesting that, on
382 average, the integrated contribution of sea ice melting and freezing in the region cancel
383 each other out over the seasonal cycle. The contribution of P-E over the ocean is weaker
384 at 20 Ma. Specifically, P-E averaged over the North Atlantic basin at 20 Ma is 113.5 mSv
385 and increases by 11.9 mSv and 31.5 mSv for the 40Ma_2X_ICE and 40Ma_4X simula-
386 tions respectively (Figures 4, 7). P-E anomalies along southeastern coasts of Greenland
387 during the Eocene result from the northward displacement of Greenland and variations
388 in Greenland topography affecting 850 hPa isobars (Figure 7e-g). The North Sea receives
389 more freshwater from the atmosphere at 40 Ma (Figures 7b-d) due to the differences in
390 the high pressure cell extending eastward and further South than for 20Ma (Figures 7e-
391 g). The total runoff reaching the PNA basin during the Miocene amounts to 137.0 mSv,
392 which is roughly equal to the value for 40Ma_2X_ICE (Figure 7a) but is much lower than
393 the runoff outflowing in the PNA basin in the 40Ma_4X simulation (difference of 40.3
394 mSv). This is due to larger precipitations over northeastern North America and Green-
395 land in the 40Ma_4X simulation. Another important parameter influencing the net sur-
396 face freshwater flux is the area of watersheds outflowing in the North Atlantic, which is
397 significantly smaller over North America in our Miocene simulation compared to the Eocene.
398 Their surfaces are $7.8 \cdot 10^6 \text{ km}^2$ at 20 Ma but $14.2 \cdot 10^6 \text{ km}^2$ at 40 Ma (Figure 7b-d). As
399 a result, there is a large runoff from North America with 139 and 133 mSv for 40Ma_4X
400 and 40Ma_2X_ICE and 82 mSv for 20Ma (not shown), that contributes to a fresher Eocene
401 North Atlantic (Figure S5).

402 The total freshwater flux in the subtropical North Atlantic is negative for the three
403 simulations, because it is an evaporative basin (Figure S4). The net flux are relatively
404 similar in the 20Ma and 40Ma_2X_ICE simulations, amounting to -477.5 and -452.0 mSv,
405 while it amounts to -562.9 mSv in the 40Ma_4X simulation. The differences in runoff con-
406 tribution are ~ 10 mSv between the simulations, indicating that, in this basin, the dif-
407 ferences in net freshwater flux are associated to changes in the hydrological cycle over
408 the ocean rather than land. The changes are associated with a modulation of the anti-
409 cyclonic circulation, as shown by higher pressure at 850 hPa in 40Ma_4X compared to
410 40Ma_2X_ICE and 20Ma (Figure 7 e-g) that favours an increase in air temperature and
411 evaporation (not shown). The eastern side of the subtropical North Atlantic is more evap-
412 orative at 20 Ma (Figures 7b-d). This difference is more marked in the 40Ma_2X_ICE
413 simulation and is due to a weaker zonal atmospheric pressure gradient West of Gibralt-
414 ar (Figures 7e-g).

415 In the tropical basin, the net surface freshwater flux is negative in the Miocene sim-
416 ulation but positive in the Eocene simulations, with mean values of -195.6, 105.1, and

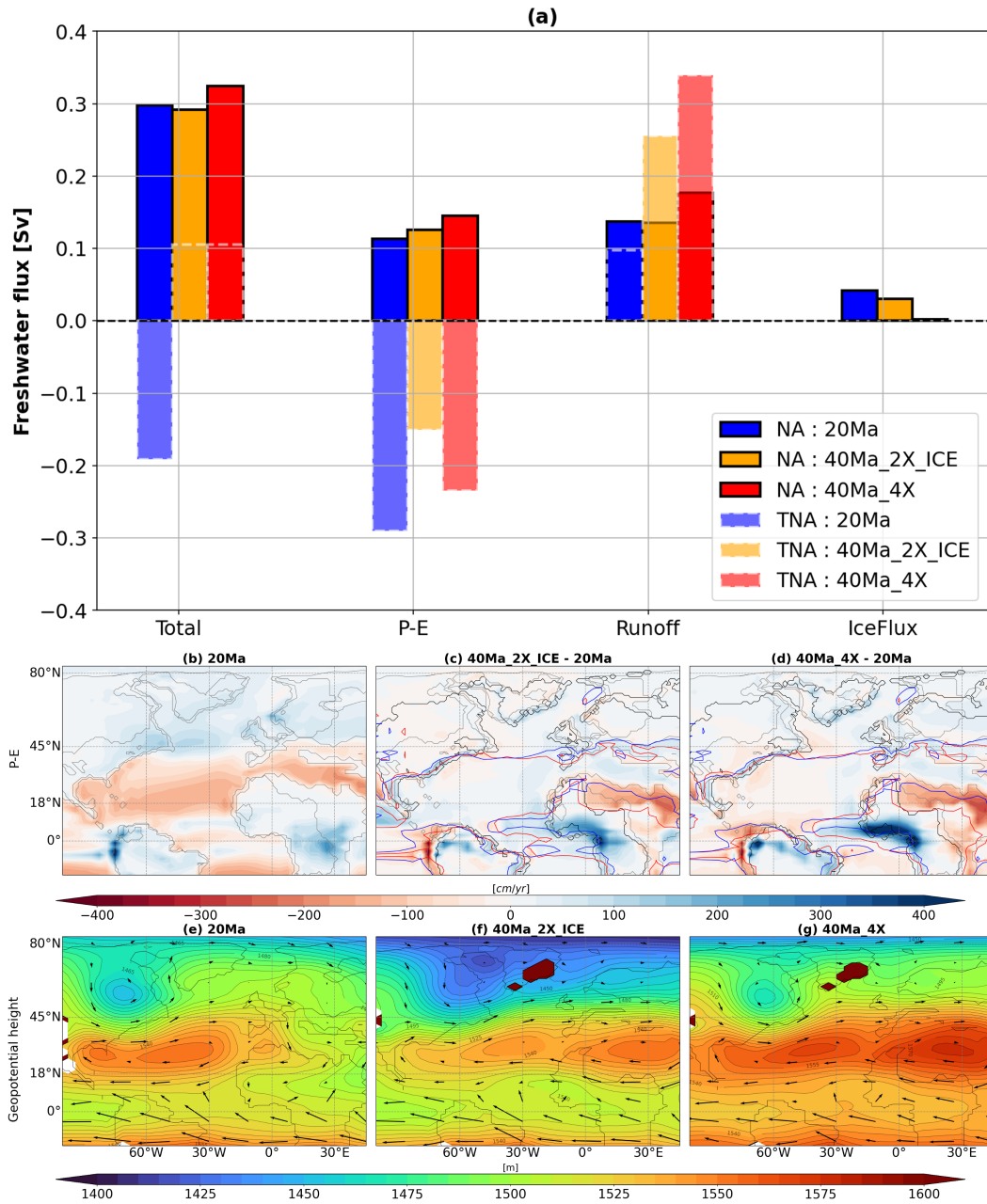


Figure 7. Bar chart (a) representing the total freshwater surface flux over the ocean (Total), and the contributions from the Precipitation minus Evaporation (P-E), the runoff (Runoff) and the freshwater from the sea ice melting and freezing (IceFlux). Bars with with continuous and dashed contours represent the Polar North Atlantic (PNA) and the Tropical North Atlantic (TNA). Maps of mean P-E (b; in cm/yr) and geopotential height (in m; colors) winds (in cm/s; vectors) at 850 hPa (e) and for the 20Ma simulation. Maps of the anomalies (compared to 20Ma) of P-E (c, d) and geopotential height at 850 hPa (f, g) for the 40Ma_2X_ICE (c, f) and 40Ma_4X (d, g) simulations. On the P-E maps, the gray and black lines represent the watersheds connected to the Atlantic Ocean at 20 Ma and 40 Ma, respectively, and 0 contours are drawn in blue and red at 20 Ma and 40 Ma, respectively.

417 105.2 mSv for the 20Ma, 40Ma_2X_ICE and 40Ma_4X simulations, respectively (Figure
 418 4). Over this band of latitudes, the freshwater budget is dominated by oceanic evapo-
 419 ration, which leads to negative P-E in the three simulations, particularly at 20 Ma (P-
 420 E = -290.5 mSv) and slightly less so at 40 Ma (-150.3 and -234.4 mSv in 40Ma_2X_ICE
 421 and 40Ma_4X respectively) (Figure 7a). The runoff contribution is small at 20 Ma (97.9
 422 mSv), whereas significant runoff fluxes are found during the Eocene (255.4 and 339.5 mSv
 423 for the 40Ma_2X_ICE and 40Ma_4X simulations; Figure 7 a). This is primarily explained
 424 by a shift in the location of intense precipitation that largely reroutes continental runoff
 425 to the Indian Ocean rather than the Atlantic Ocean, and is the result of a change in large-
 426 scale atmospheric circulation. In the Eocene, an anticyclonic atmospheric circulation ex-
 427 tends zonally from the Gulf of Mexico to India (Figure 7e-g), whereas it is confined to
 428 the Atlantic Ocean in the Miocene, because of the different paleogeography of Africa and
 429 the associated shrinkage of the Tethys Sea. This circulation change impacts trade winds
 430 over Africa and the African monsoon, and relocates the area of maximum precipitation,
 431 which coincides with the location of the equatorial lower pressure cell, from western equa-
 432 torial Africa in the Eocene to eastern equatorial Africa in the Miocene. Precipitations
 433 reach approximately 600 cm/yr in 40Ma_4X and slightly decrease to around 500 cm/yr
 434 in 40Ma_2X_ICE, due to the halving of the atmospheric CO_2 concentration and the as-
 435 sociated reduction in hydrological cycle intensity (Figure 7 b-c). During the Miocene,
 436 the precipitation maximum is even weaker (around 400 cm/yr; Figure 7c), which con-
 437 tributes to decreasing the amount of runoff received by the tropical NA basin in the Miocene.

438 In summary, total freshwater inputs to the North Atlantic and subtropical North
 439 Atlantic basins remain consistent across the three simulations: in spite of changes in the
 440 magnitude of the fluxes, the North Atlantic gains freshwater whereas the subtropical North
 441 Atlantic exports it. In contrast, the tropical North Atlantic shifts from a positive to a
 442 negative net freshwater input between the Eocene and the Miocene. This inversion is pri-
 443 marily attributed to a weakening and eastward displacement of African monsoon pre-
 444 cipitations, driven by alterations in African trade wind patterns.

445 4 Discussion

446 4.1 Timing of the Initiation of the North Atlantic Deep Water Forma- 447 tion

448 The timing of the proto-North Atlantic Deep Water (NADW) initiation remains
 449 a subject of debate. Evidence from contourite drifts in the North Atlantic suggests on-
 450 set during the early to middle Eocene, marked by increasing terrigenous mass accumu-
 451 lation rates and starting aggradation of contourite drifts (Boyle et al., 2017; Hohbein et
 452 al., 2012). However, the benthic foraminiferal records indicate deep convection as early
 453 as the late Eocene or the Eocene-Oligocene Transition (EOT) (Borrelli et al., 2014; Cox-
 454 all et al., 2018; Katz et al., 2011; Miller & Tucholke, 1983). Borrelli et al. (2014) reported
 455 thermal gradients at ~ 38.5 Ma linked to the differentiation of NADW and the South-
 456 ern Component Water (SCW), with intensification coinciding with the gradual South-
 457 ern Ocean opening. Similarly, Parent et al. (2024) observed a Deep Western Boundary
 458 Current (DWBC) before ~ 35 Ma followed by a progressive strengthening using terrige-
 459 nous grain size and geochemical data. Coxall et al. (2018) identified a transient NADW
 460 pulse between ~ 35.8 and ~ 33.8 Ma, with a permanent establishment after ~ 34.3 Ma based
 461 on excursions of $\delta^{13}C$ values in the North Atlantic. Katz et al. (2011) proposed that the
 462 NADW onset and the later gradual intensification is related to the strengthening and
 463 the deepening of the Antarctic Circumpolar Current (ACC) after ~ 31 Ma. During the
 464 Oligocene and Miocene, a decline in radiogenic neodymium values in the Southern Ocean
 465 is attributed to an increase in the export of NADW (Scher & Martin, 2008). This south-
 466 ward NADW export fluctuated during the middle to late Miocene, reaching modern-like
 467 rates after 9 Ma, as indicated by radiogenic neodymium records (Kirillova et al., 2019).
 468 The timing and progression of NADW initiation remain debated, with contrasting hy-

469 potheses suggesting gradual intensification or episodic pulses and rapid transitions in its
470 development.

471 Model simulations provide further insight into this debate. Some studies have suc-
472 cessfully reproduced a proto-NADW and associated proto-AMOC during the early to
473 middle Eocene under specific conditions (Huber & Sloan, 2001; Huber et al., 2003; Vahlenkamp
474 et al., 2018a, 2018b; C. Zhu, Zhang, et al., 2023). For instance Huber et al. (2003) and
475 Vahlenkamp et al. (2018b) show that restricting the Nordic Straits, thereby limiting Arc-
476 tic freshwater outflow, facilitates proto-NADW formation. Vahlenkamp et al. (2018a)
477 further demonstrate the sensitivity of NADW formation to orbital parameters, partic-
478 ularly low obliquity conditions. However, results from the Deep-Time Model Intercom-
479 parison Project (DeepMIP) (Zhang et al., 2022) highlight the model-dependent nature
480 of proto-AMOC, with only two out of eight models simulating its presence under the same
481 early Eocene paleogeographic conditions.

482 Focusing on the late Eocene, Hutchinson et al. (2019) and Straume et al. (2022)
483 also find deep water formation in the North Atlantic under conditions where Arctic-North
484 Atlantic connections were closed. Conversely, other models (Baatsen et al., 2020; Gold-
485 ner et al., 2014) suggest an overturning circulation primarily driven by the Southern Ocean.
486 This overview indicates that deep water formation in the North Atlantic during the Eocene
487 is less commonly simulated than in the Southern Ocean and, when present, is often de-
488 pendent on restricted Arctic-North Atlantic water exchange.

489 Our simulations show no NADW formation under middle Eocene boundary con-
490 ditions but indicate its emergence alongside a proto-AMOC during the early Miocene.
491 These results align with paleoceanographic evidence suggesting a late Eocene to EOT
492 onset of deep water formation in the North Atlantic (Borrelli et al., 2014; Coxall et al.,
493 2018; Katz et al., 2011; Miller & Tucholke, 1983) and are consistent with most DeepMIP
494 models (Zhang et al., 2022). However, they contradict the earlier onset of the Eocene
495 proposed by proxy-based studies (Boyle et al., 2017; Hohbein et al., 2012) and model-
496 based studies (Huber & Sloan, 2001; Huber et al., 2003; Vahlenkamp et al., 2018a, 2018b;
497 C. Zhu, Zhang, et al., 2023) that suggest an earlier onset in the Eocene. As previously
498 noted, Eocene proto-AMOC simulations typically require a closed Arctic-North Atlantic
499 connection. In our study, this connection remains open, allowing Arctic freshwater out-
500 flow, which inhibits deep water formation.

501 Although our comparison of these two time periods does not definitively pinpoint
502 the early Miocene as the NADW initiation time, it does narrow down the potential time
503 frame. To further constrain this window, future studies should incorporate detailed pa-
504 leogeographic reconstructions of the Oligocene, including changes in gateways and vary-
505 ing atmospheric CO_2 concentration levels. This will allow for a more refined temporal
506 scenario of NADW development.

507 **4.2 Mechanisms Favouring the NADW Formation**

508 **4.2.1 *Inter-Basin Oceanic Exchanges***

509 The geometry of the Nordic seaways, and in particular the Fram Strait and Greenland-
510 Scotland Ridge (GSR), significantly influences the initiation and location of the NADW.
511 While the Fram Strait began to open in the early Eocene (Engen et al., 2008; Straume
512 et al., 2020), its impact on ocean circulation remains debated. In the Eocene, the stud-
513 ies suggest that the response to the opening of the Fram Strait lead to a weakening or
514 a cessation of the NADW (Hutchinson et al., 2019; Vahlenkamp et al., 2018b; Straume
515 et al., 2022). Those findings are in agreement with our Eocene simulations, demonstrat-
516 ing that an open and deep Fram Strait prevent deep convection in the North Atlantic.
517 On the other hand, in the Miocene, the opening of the Fram Strait strengthens the NADW
518 (Hossain et al., 2020). This result is in line with our early Miocene simulation depict-

ing a proto-AMOC with a wide and deep Fram Strait, suggesting that additional factors control the North Atlantic stratification at that time.

The Polish Strait, which connected the Paratethys to the North Sea, was open during the Eocene but closed during the early Miocene (Palcu & Krijgsman, 2021; Rasser & Harzhauser, 2008). This seaway has most likely a significant impact on global circulation. C. Zhu, Liu, et al. (2023) found that the closure of the Polish Strait during the early Eocene caused the cessation of the AMOC, as fresh and cold Arctic water that would have flowed into the Paratethys were instead trapped in the North Atlantic, enhancing local stratification. This finding contrasts with our results, where we suggest that surface water flowing into the Paratethys via the Polish Strait originated from the North Atlantic, not the Arctic. The result is an export of salt and a weakening of the subpolar gyre intensity, both of which inhibit deep water formation in the North Atlantic. This difference is likely due to the differences with paleogeographies used by C. Zhu, Liu, et al. (2023), which considered a paleogeography of the early Eocene with an open Turgai Strait. Instead, our study is based on a middle Eocene configuration where the Turgai Strait is closed, isolating the Arctic from the Paratethys.

The Atlantic Ocean's salt balance is influenced by the advection of salty water from the tropical South Atlantic and the Mediterranean Tethys Sea, while the transport through the Central American Seaway (CAS) represents a loss of salt. Despite larger salt inputs in the Eocene, the Miocene sea surface remains saltier due to reduced westward wind-driven currents transporting Atlantic water to the Pacific via the CAS at this time. This salt leakage was significantly higher in the Eocene compared to the Miocene (from 9 to 4 Sv). While the closure of the eastern Tethys seaway in the Miocene had little impact on the NADW formation (Pillot et al., 2022), the connection between the Mediterranean Tethys and the Atlantic appears critical. Indeed, Ivanovic et al. (2014) suggest that the cessation of the advection of salty water across this later gateway contributed to a slowdown of the AMOC during the late Miocene.

Regarding the export of salty water, our findings align with previous studies (Kirillova et al., 2019; Nisancioglu et al., 2003; Sepulchre et al., 2014) indicating that the gradual shoaling of the CAS played a crucial role in triggering or enhancing NADW formation by limiting the Atlantic outflow into the Pacific. This low-latitude salinity signal originates far from the deep convection region but is advected to the northern Atlantic Ocean by the large-scale wind-driven gyres.

4.2.2 Gyre Dynamics

The North Atlantic subtropical and subpolar gyres undergo significant expansion between our middle Eocene and early Miocene simulations. This expansion is primarily driven by the widening of the Atlantic Ocean basin and the gradual closure of equatorial seaways. An additional effect is the drawdown of atmospheric CO_2 as shown by our middle Eocene simulations with an increase in intensity from 6 to 9 Sv owing to the steeper meridional surface temperature gradient. Paleogeographic forcings further intensify the gyres in the early Miocene simulations. Altogether, these processes contribute to form a stronger early Miocene subpolar gyre (21 Sv) compared to the middle Eocene (6-9 Sv). Exchanges between the subtropical and subpolar gyres also intensify with the decrease in atmospheric CO_2 concentration, increasing from 0.34 to 0.58 Sv in our middle Eocene simulations and reaching 1.0 Sv in the early Miocene simulation. This intensification is primarily attributed to the strengthening of the Norwegian Current, which transports saline waters within the subpolar gyre and to the deep convection zone.

These findings align with previous studies by Herold et al. (2012) and Zhang et al. (2020), which compared Miocene and Modern climates, as well as early Eocene and Pre-Industrial climates, respectively. They found that paleogeographic forcings influence gyres intensity through the widening of the Atlantic Ocean and the gradual closure of the equa-

570 torial straits. Additionally, Hutchinson et al. (2018) and Zhang et al. (2020) demonstrated
 571 that decreased atmospheric CO_2 concentration tend to enhance the gyre circulation in-
 572 tensity, through a steepening of the meridional surface temperature gradient, a phenomenon
 573 known as 'polar amplification' (Alexeev et al., 2005). Moreover, the intensification of the
 574 cyclonic subpolar gyre uplifts isopycnals due Ekman pumping, and thus promotes the
 575 occurrence of deep convection (Fedorov et al., 2023; Marshall & Schott, 1999). As such,
 576 the enhanced northward salt transport from the subtropical to the subpolar gyre in the
 577 early Miocene favoured the formation of NADW (Ferreira et al., 2018).

578 **4.2.3 Hydrological cycle**

579 The hydrological cycle significantly impacts sea surface density and stratification.
 580 A key difference between the Eocene and Miocene simulations is found at the tropical
 581 latitudes. The African monsoon regime transitioned from intense precipitations over the
 582 west-central Africa and the Gulf of Guinea in the Eocene, to weaker and more localized
 583 precipitations over central Africa in the Miocene. This change results from a decrease
 584 in freshwater flow in the tropical North Atlantic, from 105 mSv during the middle Eocene
 585 to -192 mSv during the early Miocene, coupled with an increase in salinity from 35.5 psu
 586 to 36.3 psu (Figure 4), reflecting the impact of freshwater flux changes on the salinity
 587 variation within the region. This shift is attributed to the contraction of the anticyclonic
 588 atmospheric circulation in the subtropics during the Miocene, resulting from the Tethys
 589 Sea's shrinkage and the relocation of the equatorial low-pressure band over central Africa.
 590 A significant portion of Miocene precipitations therefore occurs over the Indian Ocean
 591 watershed, thus reducing runoff input to the Atlantic Ocean. Additionally, halving the
 592 atmospheric CO_2 concentration in the Eocene leads to a reduction in the amount of pre-
 593 cipitations induced by the African monsoon in our simulations. These findings align with
 594 previous studies (Fluteau et al., 1999; Acosta et al., 2022) that suggested a weakening
 595 of the African monsoon over time due to the Tethys Sea's shrinkage and the northward
 596 drift of Africa. Acosta et al. (2022) specifically found a weakening of the West African
 597 monsoon between the early Eocene and middle Miocene, linked to the widening of the
 598 South Atlantic basin and reduced moisture advection from South America. They also
 599 found a strengthening of the monsoon when rising atmospheric CO_2 concentration in
 600 the Miocene, although the precipitation spatial pattern remained unchanged. The re-
 601 sulting salinification of the Atlantic at low latitudes during the Miocene is then advected
 602 towards the high latitudes (Section 4.2.2), further contributing to weakening the strat-
 603 ification and favouring the formation of NADW. Though our results point towards a di-
 604 rect role for the displacement and weakening of the African monsoon in the salinifica-
 605 tion of the tropical Atlantic and subsequent advection of this salt into the North Atlantic,
 606 the extent to which this process contributes to the effective onset of the NADW should
 607 be further explored using dedicated freshwater hosing experiments.

608 **4.2.4 Climate Forcing**

609 Our simulations demonstrate that the simulated middle Eocene climate is sensi-
 610 tive to reductions in atmospheric CO_2 concentrations and the initiation of the AIS, that
 611 induce a global cooling accompanied by a strengthening of the ocean and atmospheric
 612 dynamics, including stronger trade winds, westerlies, and ocean gyres. This intensifica-
 613 tion is driven by the steepening of the meridional surface temperature gradient (Hutchinson
 614 et al., 2018; Zhang et al., 2020). Concurrently, the freshwater surface flux into the At-
 615 lantic Ocean decreases (Figure 4 & 7 ; Acosta et al. (2022)).

616 While these changes create favourable conditions for NADW formation, the Eocene
 617 paleogeography ultimately prevents it. This finding aligns with sensitivity tests described
 618 in Zhang et al. (2020), which revealed minimal changes in ocean circulation with vary-
 619 ing atmospheric CO_2 concentrations. Conversely, the Miocene paleogeography facilitates

620 NADW formation, and its intensity appears to be influenced by climatic forcings (Crichton
621 et al., 2021).

622 It can be inferred that both paleogeographic and climatic factors played significant
623 roles in the initiation of NADW. However, paleogeography appears to have been the pri-
624 mary driver, with cooling likely serving as a necessary prerequisite for NADW forma-
625 tion or a modulation of its formation’s rate, as suggested by Vahlenkamp et al. (2018a).

626 4.3 Limitations and Perspectives

627 Our study contributes to the growing body of literature on the Cenozoic history
628 of the NADW/AMOC, with a focus on identifying the physical processes driving deep
629 convection in the North Atlantic Ocean from the middle Eocene to early Miocene. Pa-
630 leogeography and ocean gateways play a critical role in ocean circulation. However, sig-
631 nificant uncertainties remain regarding their configurations and the timing of their evo-
632 lution. The boundary conditions influence the simulation outcomes. In this study, we
633 employ the paleogeographic reconstructions of Poblete et al. (2021), which represent a
634 significant advancement for the community by providing consistent paleogeographies span-
635 ning the entire Cenozoic. However, it is uncertain whether our results would be consis-
636 tent with other reconstructions without conducting an ensemble of simulations using dif-
637 ferent paleogeographies, conducting sensitivity tests with key gateways, ice-sheet and at
638 different atmospheric CO₂ concentrations. Additionally, the location of runoff discharge
639 into the ocean could affect deep water formation (Zhang et al., 2022). Moreover, the model
640 resolution may be insufficient to capture potential NADW onset associated with subtle
641 changes in strait geometry.

642 Model dependency introduces uncertainties and limitations, as emphasized by Model
643 Intercomparison Programs (MIP) such as Deep-Time MIP and Miocene MIP (Burls et
644 al., 2021; Zhang et al., 2022). For example, salinity biases may either trigger or inhibit
645 deep water formation in the regions of interest. Additionally, model physics, including
646 the choice of parametrization for diapycnal mixing, varies across models and tends to
647 modulate the intensity of the global meridional overturning circulation (Zhang et al., 2022).
648 Model resolution also plays a crucial role, as higher resolution allows finer-scale processes
649 and the configuration of straits to be better represented when paleogeography is converted
650 to the ocean grid, impacting both atmospheric and ocean dynamics (Zhang et al., 2022).
651 A multi-model approach would be necessary to determine whether the processes desta-
652 bilizing the North Atlantic water column are consistent with different models.

653 Proxy and model SST data show moderate agreement for the early-mid Miocene
654 and mid-late Eocene. The biases observed in both periods, with cooler proxy temper-
655 atures relative to models at low latitudes, weaker meridional gradients between subtrop-
656 ical and mid-latitudes, and warmer proxy temperatures relative to models at high lat-
657 itudes, are common in global climate models (Baatsen et al., 2020; Burls et al., 2021).
658 This bias is crucial for the deep convection process, as the colder modelled high latitudes
659 favour the formation of deep water. However, recent GCM versions incorporating more
660 realistic micro-cloud and aerosol physics have demonstrated improved consistency be-
661 tween modelled and proxy SST data (Baatsen et al., 2020; Hutchinson et al., 2018; Lunt
662 et al., 2007; J. Zhu et al., 2019). Future simulations should incorporate these improve-
663 ments.

664 Neodymium (Nd) isotope analysis is a commonly-used method for identifying deep
665 water mass origin through analysis of fish teeth and debris, and can be used to validate
666 the ocean circulation produced by our simulations. Measured ε_{Nd} values from the mid-
667 dle Eocene at Site 689 in the Southern Ocean, in comparison to lower North Atlantic val-
668 ues, suggest a dominance of deep water formation in the Southern Ocean (Via & Thomas,
669 2006). Similar results were reported by Robinson et al. (2010); Thomas et al. (2014). An
670 alternative hypothesis proposing deep water formation in the North Atlantic to explain

671 Eocene ε_{Nd} variations remains debated and is not supported by $\delta^{13}C$ data (Scher & Mar-
 672 tin, 2004). These findings align with our middle Eocene simulations, which depict a sin-
 673 gular overturning cell driven solely by deep water formation in the Southern Ocean (Fig-
 674 ure 2). In contrast, the averaged radiogenic ε_{Nd} values recorded at Maud Rise during
 675 the early Miocene resemble modern Southern Ocean values, suggesting the export of deep
 676 water from the North Atlantic (Scher & Martin, 2004), followed by a transition to a modern-
 677 like ocean circulation in the middle Miocene (Kirillova et al., 2019). This southern ex-
 678 port of NADW is robust in our early Miocene simulation, which shows deep water for-
 679 mation in the North Atlantic and the development of a proto-AMOC cell (Figure 2). How-
 680 ever, these reconstructions remain open to interpretation and should be considered with
 681 caution. To strengthen the robustness of these conclusions, future work should integrate
 682 an explicit neodymium isotope model to enhance model–data comparisons.

683 In this study, we focused on the processes impacting North Atlantic deep water forma-
 684 tion in the Northern Hemisphere, in particular these important for the onset of the
 685 deeper branch of the AMOC. However, the Southern Ocean plays a crucial role by bring-
 686 ing intermediate waters to the surface through Ekman transport. The Antarctic Circum-
 687 polar Current (ACC), which became more prominent with the opening of the Southern
 688 gateways and the initiation of the Antarctic ice sheet (Toumoulin et al., 2020), has been
 689 proposed to enhance the upwelling of intermediate waters formed in the North Atlantic
 690 (Toggweiler & Samuels, 1995). A logical next step will be to study the role of the South-
 691 ern Ocean, in order to better constrain its contribution to NADW.

692 5 Conclusions

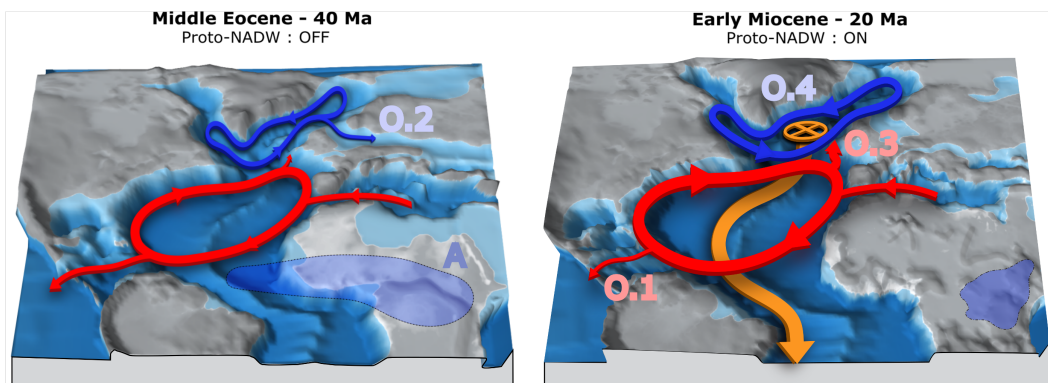


Figure 8. 3D schematic representation of the paleogeographies for the middle Eocene (left) and early Miocene (right), and the processes influencing the stratification of the North Atlantic Ocean and favouring the formation of NADW in the early Miocene simulation (orange). The ocean circulation is shown in red for the subtropical gyre and blue for the subpolar gyre. The salt source and sinks associated with the advection through ocean gateways are represented with arrows, the export to the Pacific (Oceanic processes: O; O.1) and towards the Paratethys (O.2) in the Eocene. The red arrow depicts the northern flux from the subtropical to the subpolar gyre (O.3). The line-width shows the intensity of the subtropical and subpolar gyre (O.4); the African monsoon precipitation (Atmospheric process: A) is represented by the blue shading corresponding to the precipitation isoline of 400 cm/year.

693 In this paper, we have compared the middle Eocene and early Miocene climates
 694 by conducting a complete investigation of the mechanisms favouring NADW formation,
 695 with a particular focus on the partitioning between oceanic and atmospheric processes

696 and the quantification of their relative contributions. These processes are summarized
697 as follows (Figure 8):

- 698 • In the early Miocene, several oceanic processes contribute to increase the subpo-
699 lar North Atlantic salinity: The closure of the Central American Seaway (O.1) and
700 the closure of the Polish Strait (O.2) limited salt leakage to the Pacific and Paratethys.
701 Furthermore, the intensified northern salt transport from the subtropical to sub-
702 polar gyre in the early Miocene (O.3) increased surface salinity and strengthened
703 the subpolar gyre (O.4). This strengthening was also driven by the widening of
704 the North Atlantic basin and the simulated increase in wind stress. Ultimately,
705 the intensified subpolar gyre helped to promote deep convection through isopy-
706 cnal uplifting.
- 707 • The simulated change in atmospheric dynamics between the middle Eocene and
708 early Miocene shifted the African monsoon eastward and weakened its intensity
709 (A), reducing freshwater input to the Atlantic Ocean and thereby weakening strat-
710 ification.

711 Our results suggest that the Eocene paleogeography prevents deep water forma-
712 tion in the Northern Hemisphere, regardless of the atmospheric CO_2 concentration and
713 of the presence of the AIS, but that, together, the processes aforementioned contribute
714 to weakening the stratification of the North Atlantic Ocean and promote the formation
715 of NADW at some point between the middle Eocene and the early Miocene.

716 Open Research Section

717 The model outputs used in this article are available here:

- 718 • 40 Ma: Toumoulin et al. (2021)
- 719 • 20 Ma: Pillot (2022)

720 The code for the freshwater budget is still under development and is available at
721 this address: "https://github.com/OneAir4Oceans/FreshWaterBudget_GCM"

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