

# Internal modes of the ocean circulation on decadal to centennial time scales and their mechanism

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**Outline:** *process studies with idealized ocean and atmosphere models*

- two different mechanisms for interdecadal variability of the ocean thermohaline circulation under constant flux and mixed surface boundary conditions
- which one is relevant with more realistic atmospheric coupling?

# Introduction

Variability in the climate system

- "external" forcing (solar volcanic anthropogenic)
  - coupled ocean-atmosphere modes (ENSO)
  - atmospheric modes (NAO)
  - internal ocean modes, unstable or damped (and sustained by atmospheric synoptic noise)
- + modes involving feedbacks with snow, ice, biosphere...

*Aim : exhibit internal modes of the ocean circulation, and understand their mechanism and robustness.*

Methods

- nonlinear integrations under prescribed forcing (unstable)
- nonlinear integrations with stochastic forcing (weakly damped)
- linear stability analysis exhibit all modes

# Interdecadal ocean variability

Several **ocean models** have shown variability on **interdecadal time scales** under different types of forcing:

- **mixed boundary conditions** (Weaver and Sarachik 1991, Weaver et al. 1991, 1993)
- **constant fluxes** of heat (Greatbatch and Zhang 1995, Huck et al. 1999, te Raa and Dijkstra 2002) or freshwater (Huang and Chou 1994)

Several mechanism have been proposed: advective, boundary waves, large scale 'generalized' baroclinic instability

- *Are all these interdecadal oscillations similar, based on a single mechanism? what is it?*
- *How do they survive with more realistic configurations and atmospheric coupling?*

# The ocean model

3D 'large-scale' ocean model

- planetary geostrophic dynamics
- flat bottom
- one-hemisphere configuration
- linear equation of state

**RTRS**: relaxation of both surface temperature and salinity

➤ steady state

**FTFS**: diagnosed surface fluxes of heat and salt, prescribed

➤ 57 yr oscillation

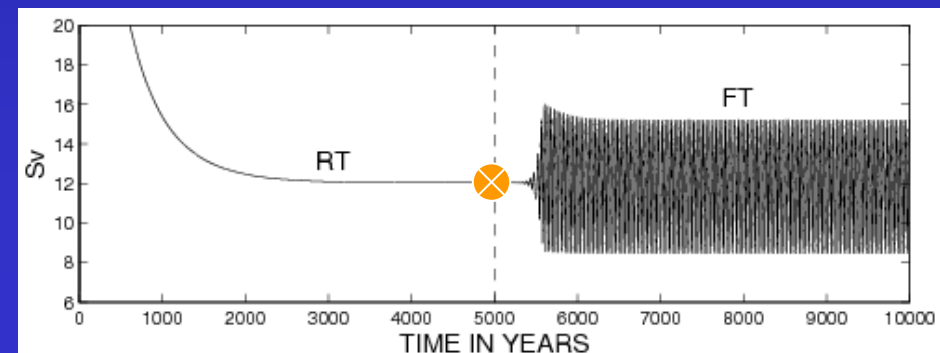
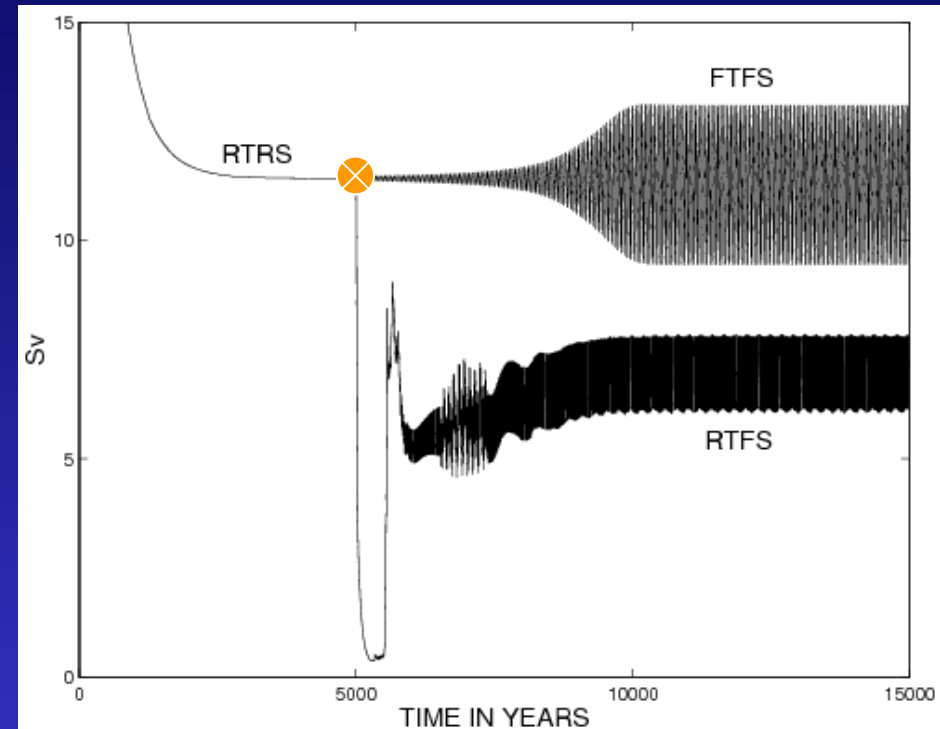
**RTFS**: mixed boundary conditions

➤ 19 yr oscillation after large shift

**RT FT**: same for temperature only

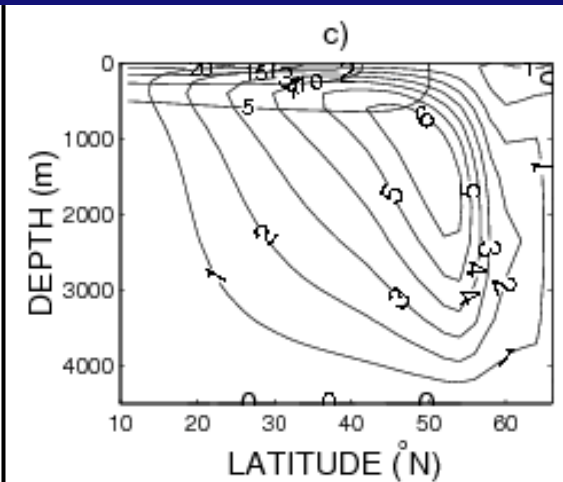
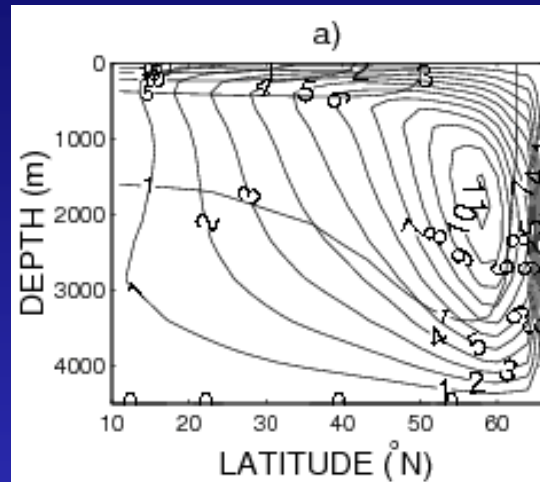
⊗ *Linear stability analysis*

- unstable oscillation under FTFS&FT
- unstable real mode under RTFS

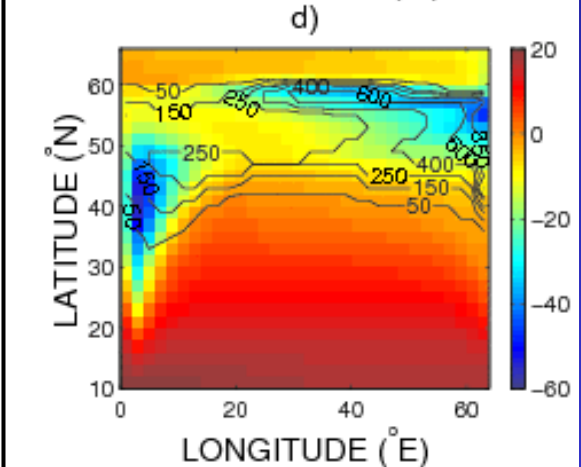
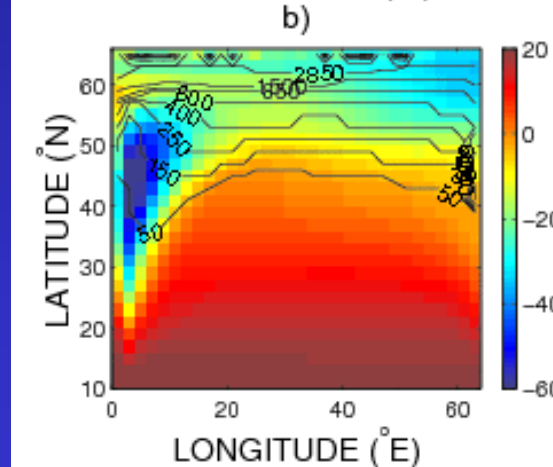


# The ocean mean state

Meridional overturning ( $S_v$ )  
and zonally averaged  
temperature ( $^{\circ}\text{C}$ )



Surface heat flux ( $\text{W}/\text{m}^2$ )  
and convection depth (m)

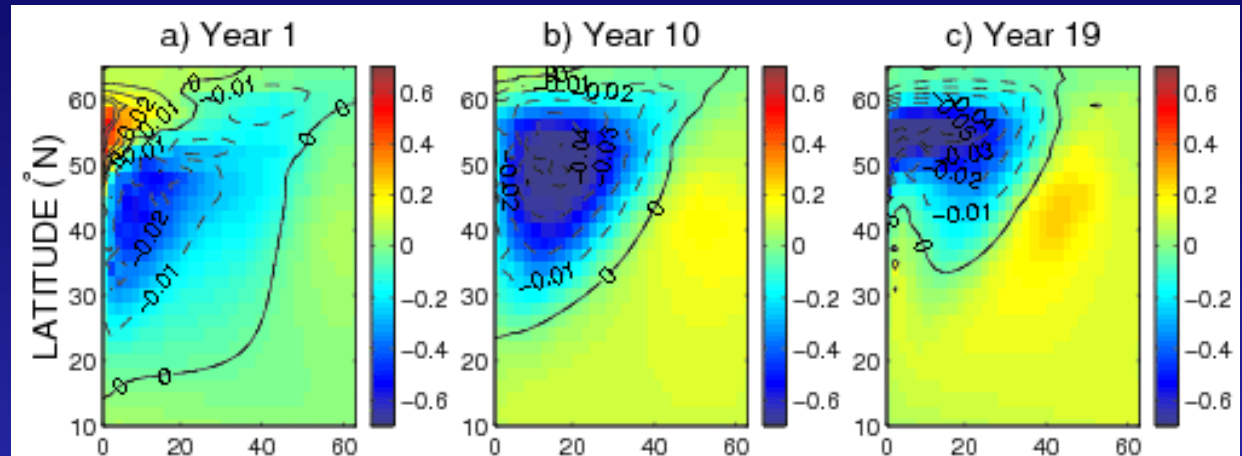


FTFS (constant flux)

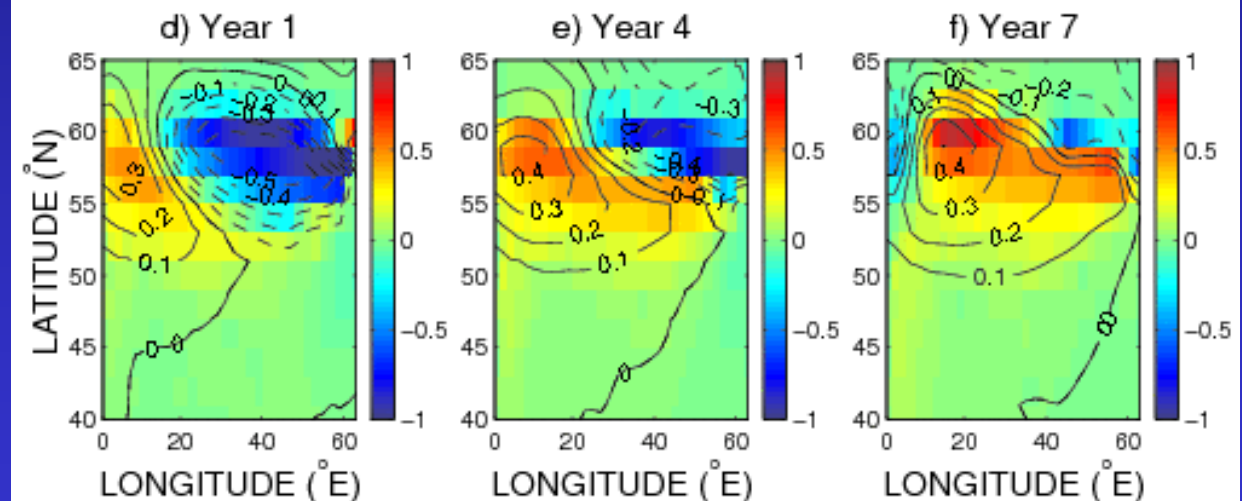
RTFS (mixed)

# Anomalies time evolution

FTFS (flux):  
cyclonic  
recirculation in  
north-west  
corner



RTFS (mixed):  
eastward  
propagation

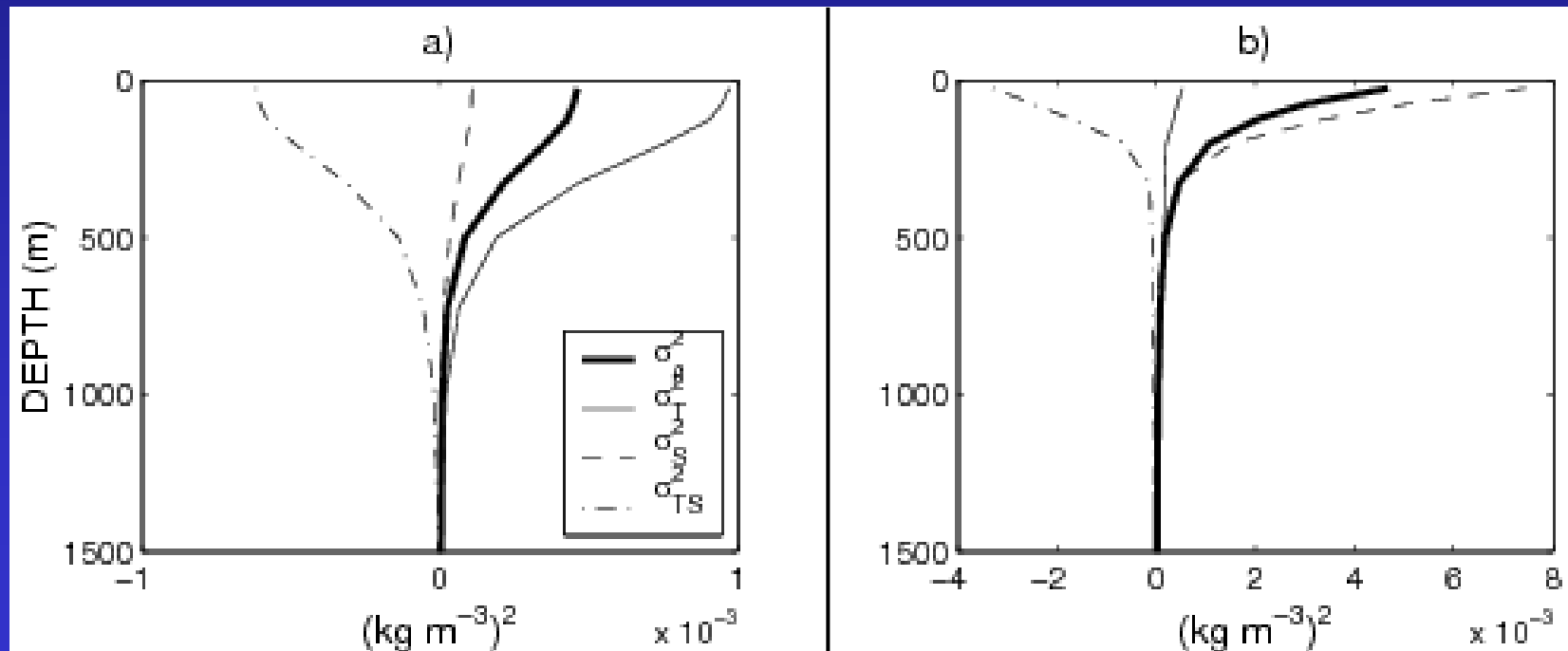


SST (color, K) and SSS (contour, psu) anomalies  
during half a period

# Temperature or salinity?

Horizontal basin-averaged perturbation density variance as a function of depth in terms of temperature and salinity

$$\sigma_T^2 = \langle \alpha^2 T'^2 \rangle ; \sigma_S^2 = \langle \beta^2 S'^2 \rangle ; \sigma_{TS}^2 = -2 \langle \alpha \beta T' S' \rangle$$



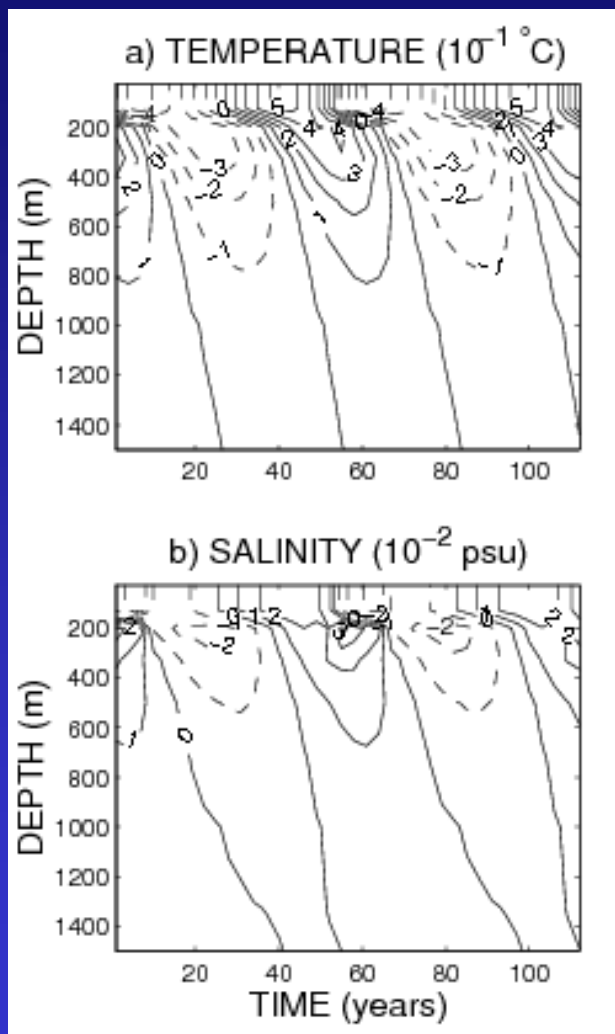
FTFS (flux): *temperature*

RTFS (mixed): *salinity*

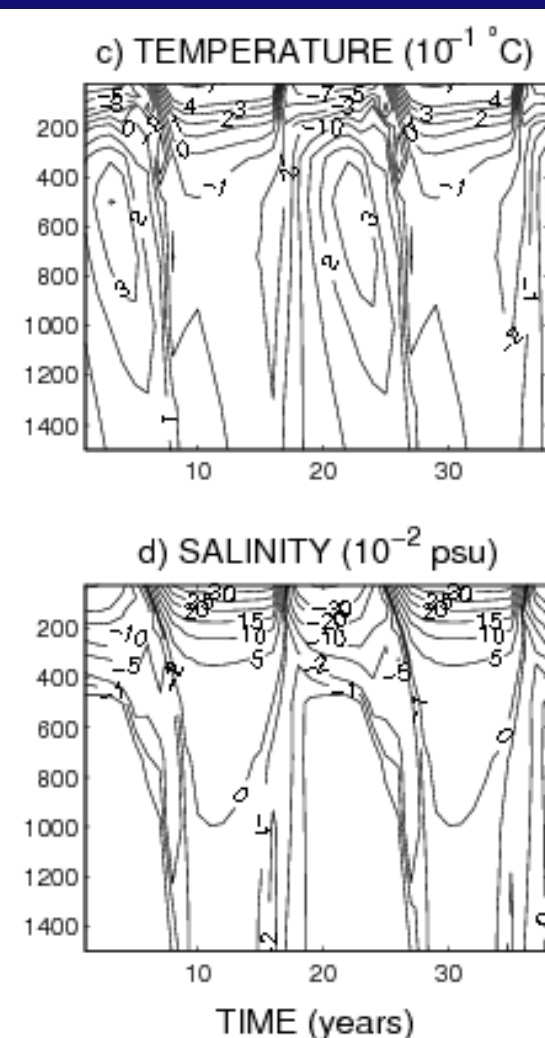
# Vertical structure of the perturbations

Phase diagram of temperature and salinity anomalies in the most unstable region for each experiment:

- vertical phase lag under flux bc
- dipolar structure in temperature under mixed bc



FTFS (flux):  $49^\circ\text{N}$ - $10^\circ\text{E}$



RTFS (mixed):  $59^\circ\text{N}$ - $39^\circ\text{E}$



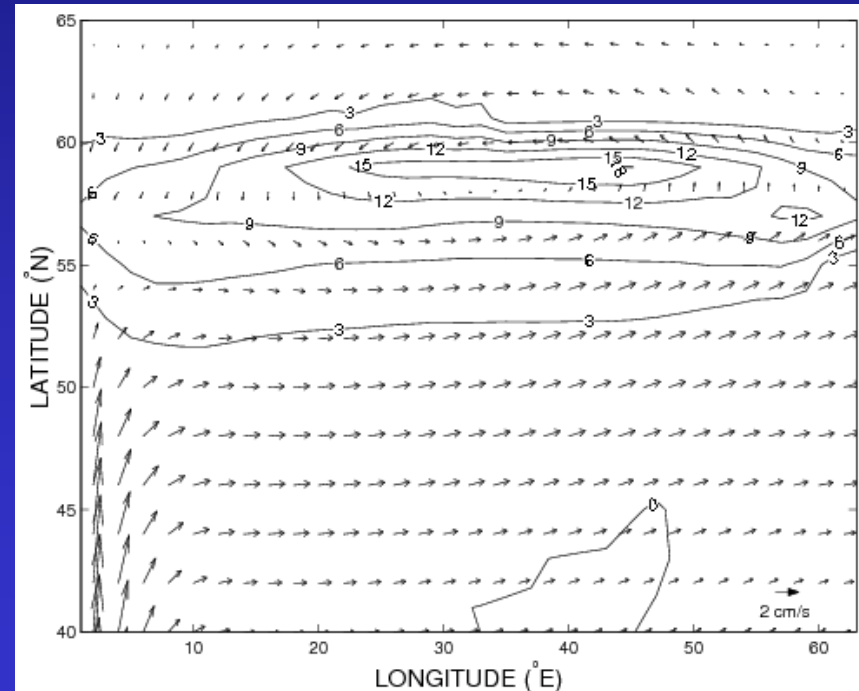
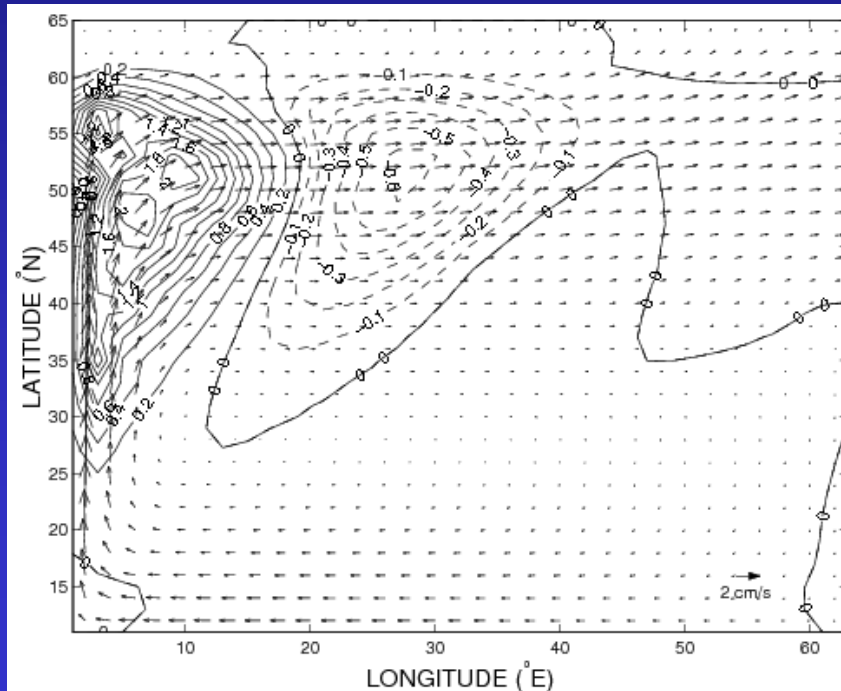
# Density variance budget

$$\rho' = -\alpha T' + \beta S'$$

$$\partial_t \rho' + \bar{\mathbf{u}} \cdot \nabla \rho' + \mathbf{u}' \cdot \nabla \bar{\rho} = D' + H(z - z_m) B'$$

$$\frac{1}{2} \partial_t \langle \overline{\rho'^2} \rangle = -\langle \overline{\mathbf{u}' \rho'} \cdot \nabla \bar{\rho} \rangle + \langle \overline{H(z - z_m) \rho' B'} \rangle + \langle \overline{\rho' D'} \rangle$$

Driving term for density variance (source):



FTFS (flux):  $\rho_0^2 \alpha^2 \overline{v' T} \partial_y \bar{T} \times 10^{-3} \text{ kg}^2 \text{ m}^{-6} \text{ yr}^{-1}$       RTFS (mixed):  $\rho_0^2 \alpha \beta \lambda \overline{T' S'} \times 10^{-2} \text{ kg}^2 \text{ m}^{-6} \text{ yr}^{-1}$

# Summary

<b>Forcing</b>	<b>FTFS (flux)</b>	<b>RTFS (mixed)</b>
<i>Density controlled by</i>	temperature	salinity
<i>Energy source</i>	downgradient eddy temperature flux	positive correlation between SST' and SSS'
<i>Mechanism</i>	baroclinic instability	positive convective surface heat flux feedback
<i>Mode</i>	linear, Hopf bifurcation	nonlinear
<i>Role of salinity</i>	damping, increasing T	crucial
<i>Is convection critical?</i>	no	yes
<i>Perturbations vertical structure</i>	vertical phase lag of quarter period	dipolar structure of T', no vertical phase lag

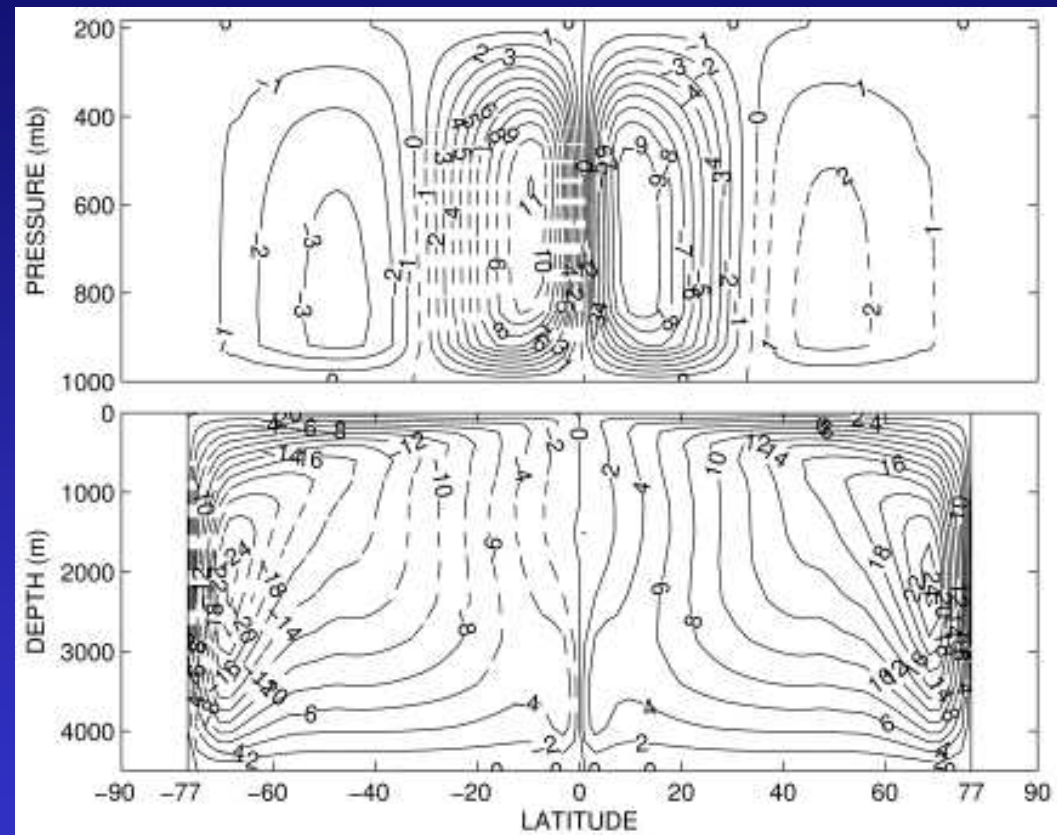
*Interdecadal oscillations under constant flux and mixed boundary conditions have two different mechanisms*

➤ *which one (if any) is relevant to more realistic atmospheric coupling?*

# Coupling with an axisymmetric atmospheric model

2D atmospheric model:

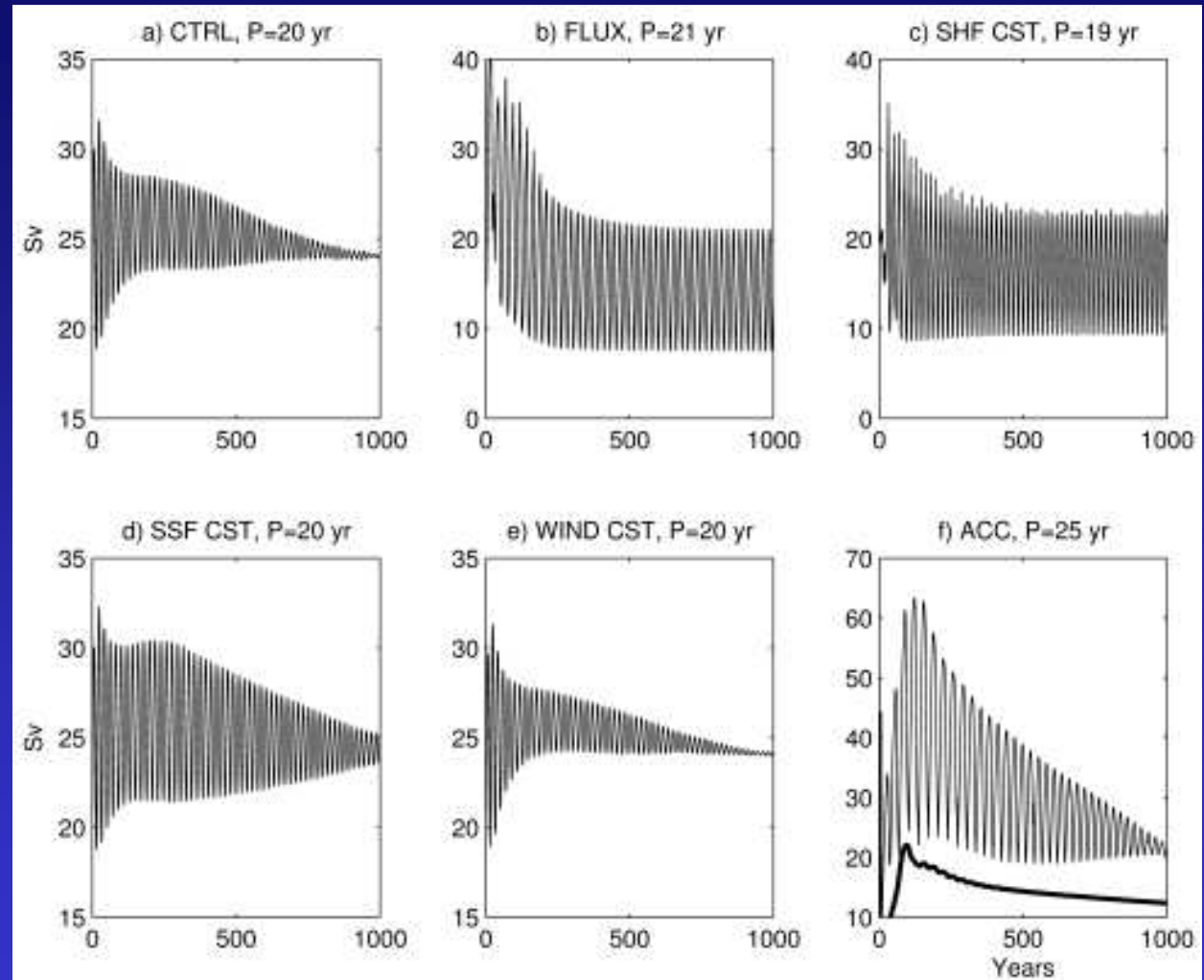
- primitive equations with full hydrological cycle
- parameterizations for meridional eddy transport of momentum, heat and moisture (Yao and Stone 1987, Stone and Yao 1990)
- cumulus convection (Manabe et al. 1965)



Coupled model climatology with symmetric ocean: zonally-averaged circulation in the atmosphere (megaton/s) and ocean (Sv)

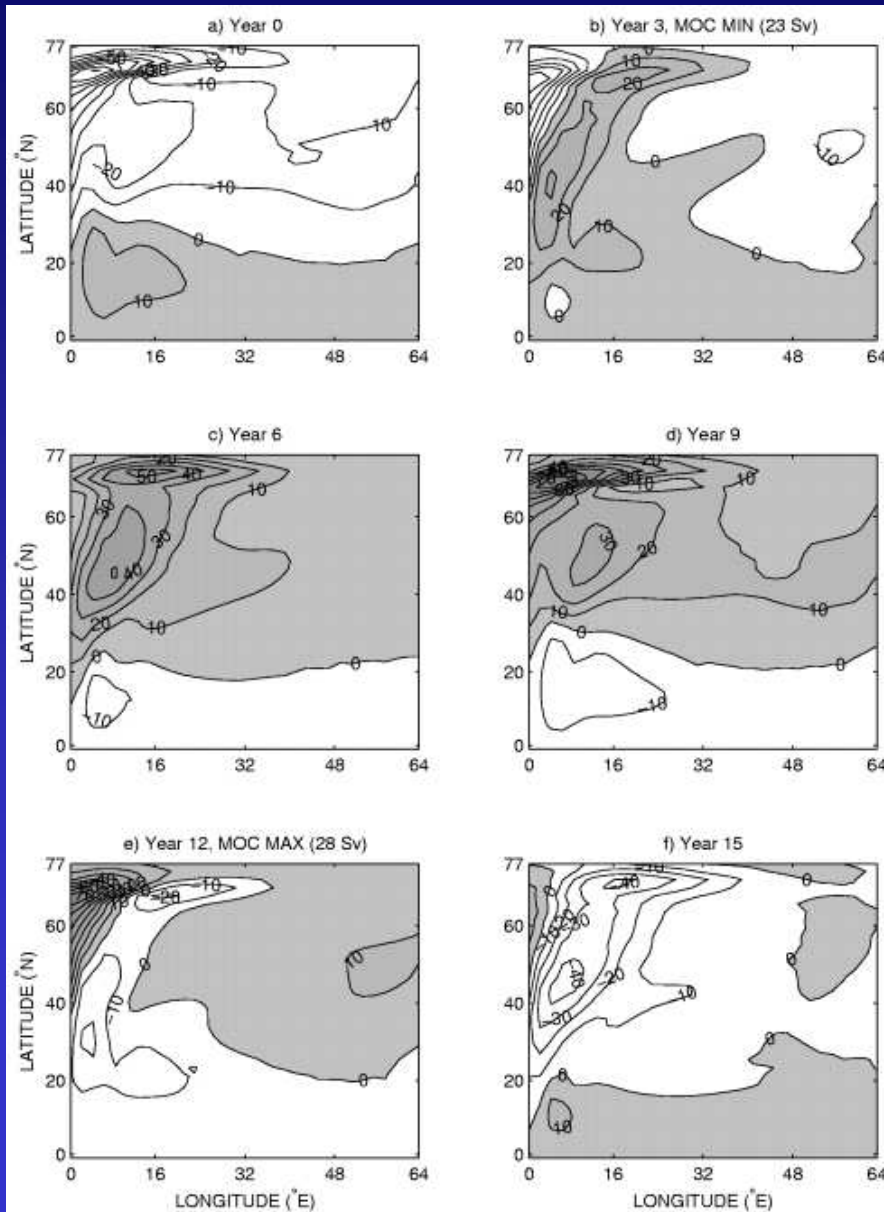
# Weakly damped interdecadal variability

Maximum meridional overturning streamfunction ( $Sv$ ) in the Northern hemisphere for the coupled model, and for the stand-alone ocean model forced by combinations of constant surface fluxes of heat, freshwater and momentum



➤ *The oscillation mechanism lies in the ocean, the atmosphere surface heat flux feedback damps the variability*

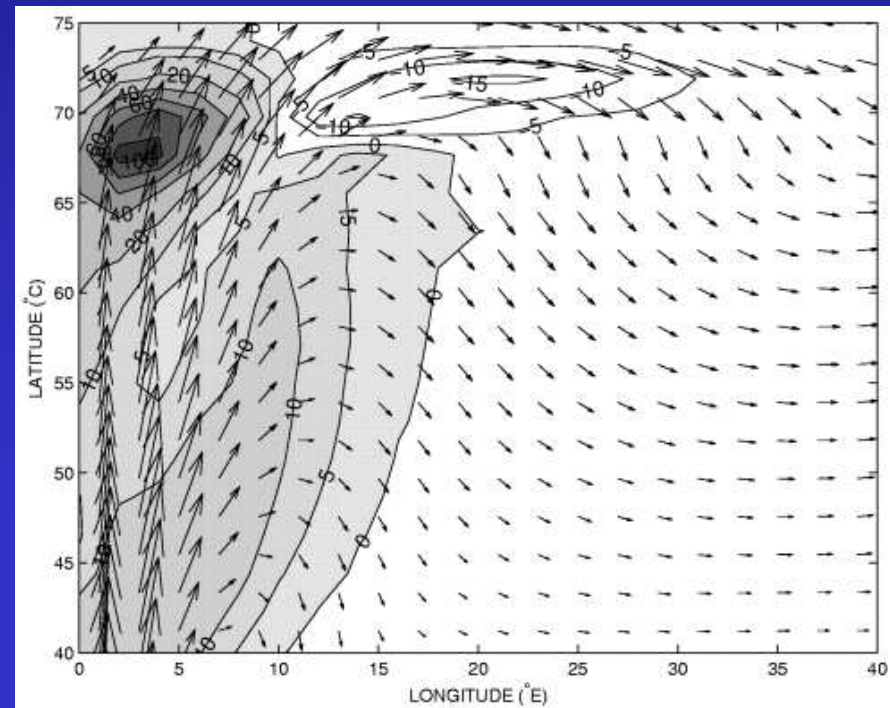
# Same mechanism as the "thermal" mode



Ocean surface density anomalies ( $10^{-3} \text{ kg m}^{-3}$ ) over an oscillation

Driving term for the ocean density variance:

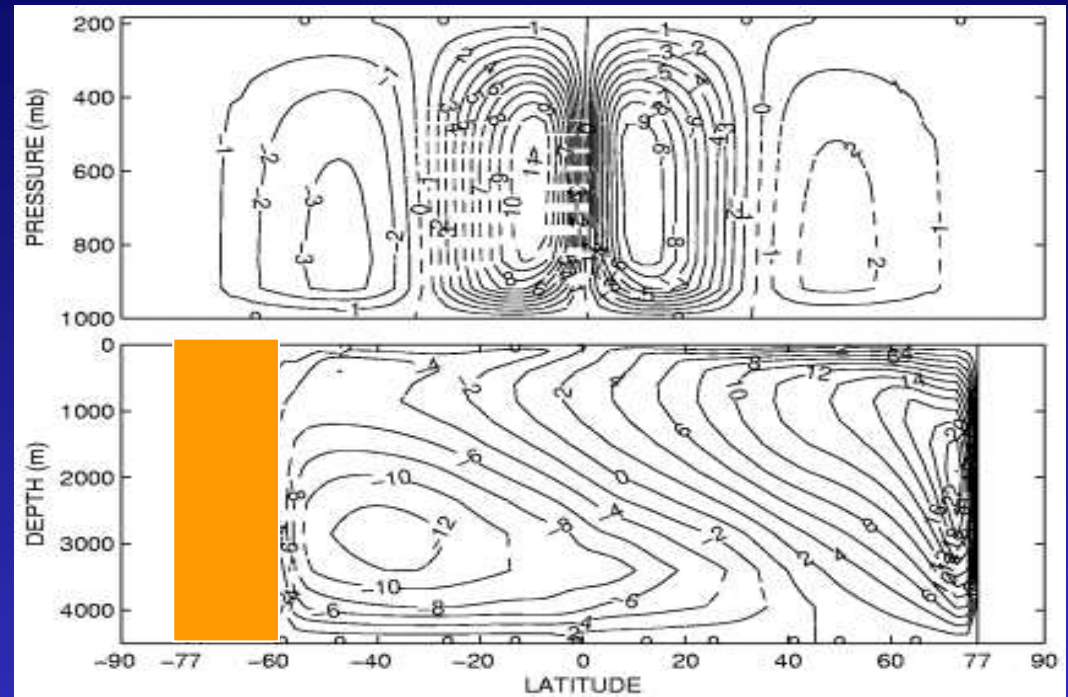
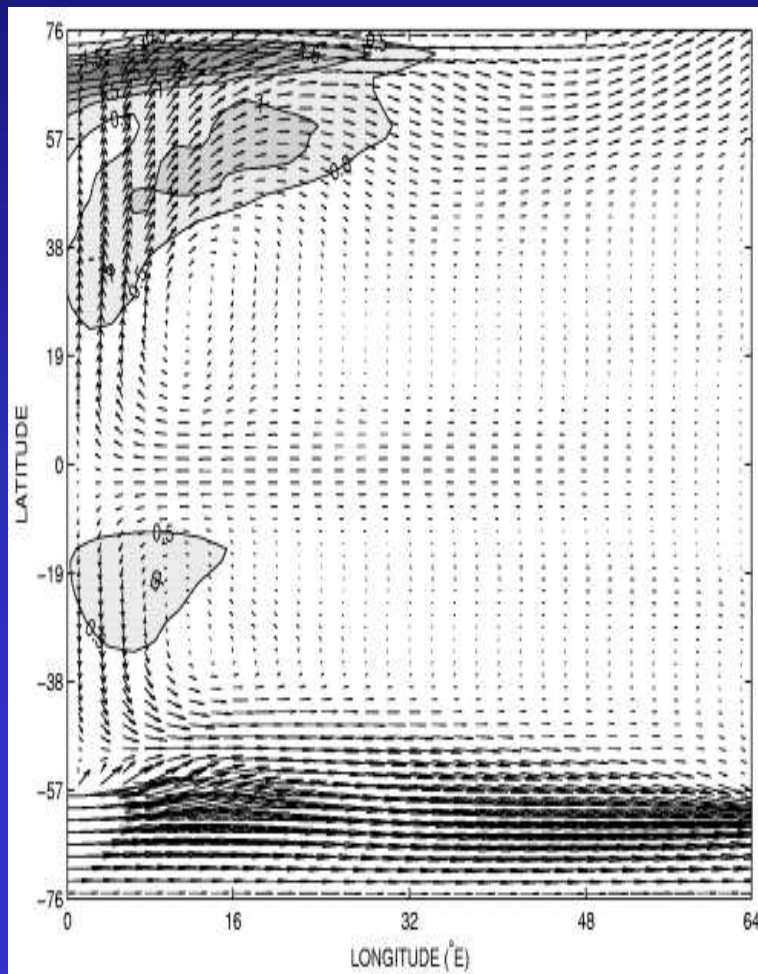
$$-\overline{\mathbf{u}'\rho'} \cdot \nabla \bar{\rho} \times 10^{-4} \text{ kg}^2 \text{ m}^{-6} \text{ yr}^{-1}$$



# Asymmetric configuration with ACC

*ocean with periodic channel 77°S-60°S*

➤ 22 yr oscillation



← Ocean surface density variance ( $10^3 \text{ kg}^2/\text{m}^6$ ), superposed on mean surface current 0-250m

➤ variability restricted to northern hemisphere

# Conclusions

- These 'simple' oscillations provide prototypes to understand physical mechanisms of oscillations in more complex (coupled) models
- The density variance budget provides a method to identify different sources of variability, that can be applied to realistic and coupled models
- These mechanisms found in idealized geometry need to be tested in more realistic configurations (see poster by Sévellec et al. about optimal surface salinity perturbations)
- Unfortunately, interdecadal variability in state-of-the-art coupled models seems most often due to coupled mechanisms:  
*what happens to these internal ocean modes?*

# Internal modes of the thermohaline circulation and their mechanism

Period	Models	Mechanism	Observation?
<i>decadal</i>	3D mixed	nonlinear mixed mode	
<i>interdecadal</i>	3D flux 3D coupled	Hopf bifurcation thermal mode baroclinic instability	Atlantic Multidecadal Oscillation
<i>centennial</i>	box, 1D, 2D, 3D, mixed coupled EBM	Hopf bifurcation Howard Malkus loop	
<i>millennial</i>	box, 2D, 3D	global bifurcation (no stable equilibrium)	Dansgaard- Oeschger Oscillation

Tools: density variance budget, linear stability analysis, bifurcation diagrams, dynamical system theory